



Volunteer's Voice

September 2020

Mammoth Hospital Auxiliary is a fellowship of volunteers dedicated to supporting each other, the hospital, its patients and the community.

Inside this issue

From the Hospital CEO	2
Hospital Orientation	3
Specialty Clinic	3
Sunshine	3
Cast Off News	4
Cast Off Odds & Ends	4
Need Volunteers	5
COVID Guidelines	5
Cast Off Refresher	6
Birthdays	6
Scholarships	7
Golf Tournament	7
Library	8
Book Chalet	8
Pandemic Phrases	9
COVID Comics	10
For Your Funny Bone	11
Bon Appetit!	11
Dates to Remember	12

Treasurer's Report

Diane Beglau

July 1—3, 2020

Revenue:

Cast Off	13,310.97
Rental	1,218.29
Membership	1,905.00
Donation Jar	105.00
Donation	100.00
Interest Income	1.35
Total Revenue:	16,640.61

Expenses:

Cast Off	3,862.74
Volunteer Voice	28.92
Continuing Education	10,000.00
Installation Luncheon	391.33
Total Expenses:	14,283.19

Net Income: 2,357.42

Union Bank:	38,205.64
Money Market:	30,552.93
EasternSierraCommBk	39,440.95

President's Message — Karen Curry

I hope this message finds all of you well and enjoying a little more freedom! It's been a long, hot summer, unlike any we have known. Our tiny little town has become the favorite destination vacation hideaway for thousands of Southern Californians and other travelers from parts unknown! All of us are experiencing the enormous crowds, cars and campers, bicycles, fishermen, hikers and just visitors that we are not used to! It's a good thing that these visitors have this tremendous interest in our town but, with that, our COVID cases have more than quadrupled. We must be vigilant and keep safe!

The trials and tribulations of volunteering at the Cast Off have kind of settled down and we seem to have a good system now and outline to follow. Sharon Clark came up with just that, an outline she shared on August 3rd with the Board and Cast Off Committee. (See list on page 5.) Also contributing to making things run smoothly are Al and Patti Heinrich, who plotted out our store, and came up with 6,500 square feet of space. The objective was to increase customers. We tried 25, but some volunteers thought that was a bit much, so we lowered it to 20. Also, on board is Vicki Mobley, who did an amazing amount of research, starting in Sacramento and ending up at Mammoth Lakes Fire Department! She spoke with Division Chief Natalie Morrow, acting Chief MLFD, who confirmed our occupancy at 109. Natalie will visit the Cast Off, take some measurements and post the actual occupancy! Thank you to

Sharon, Al and Patti, and Vicki Mobley for your time and wisdom!

And, lastly, I was present when Louis, owner of Heartland, installed a new "hard-wired" credit card machine system, which should eliminate all of the breakdowns on the credit card machine. It's an amazingly easy system to use, with two terminals, one for the customer and one for the cashier. Michele from the bank was there and we went through a short tutorial! It was so easy to use, even I could do it!

Stay safe! Karen

If you haven't already renewed your membership and want to be included in the new roster, you have until September 30 to do so. New rosters go to press October 1 and will be available at the October 14 Capital Outlay Meeting.

"The trouble with being a leader today is that you can't be sure whether people are following you or chasing you."

.... Author Unknown

Hospital News — Tom Parker, CEO



COVID-19 (C19)

C19 planning continues to be done by the Admin Team having transitioned those duties from the Hospital Incident Management Team.

July saw continued ramp up of non-C19 patients in every area of the hospital and clinics. As shown in the finance report, gross patient revenues are on par with July of 2019.

PPE supplies on hand remain high with 60 plus days at surge use rates for all critical supplies needed to manage C19 patients. The lab has successfully rolled out our new C19 antigen test (Quidel Sofia). The test is integrated with Cerner Lab and the EMR allowing providers to order and receive results. This test provides 15-minute turnaround of results. With ample supply of the antigen test, we have resumed rapid in-house testing of all patients suspected of symptomatic C19 infection, all hospitalized patients, and all patients undergoing elective procedures.

The old Specialty Clinic is now being used as a C19 sick clinic for all hospital operations. It is also the location used for patients to be seen for a car visit and an exam room as necessary.

As of the production of this and other Senior Manager reports, there are 160 cases of C19 in the community. There have been three separate C19+ patients admitted to the hospital in the last month, none of whom have required mechanical ventilation or transfer to another hospital. Treatment with steroids, proning, and high-flow oxygen has proven to be very successful.

To date, there have been no cases of staff having been infected as a result of infection in the hospital setting.

July Financial Results

Until a budget for FY2021 is established, financial results are being compared to FY2020 actual.

Total Gross Revenue of \$12.2m in July is higher than the previous July by \$170k. Total Operating Revenue (collectable revenue) was \$6.3m which is \$95k less than last year. Total Operating Expenses of \$5.8m are

approximately the same as last year. Net Gain of \$541k is \$128k less than last year.

Recognitions

The hospital and clinics have recently received recognition for the care provided to our patients:

Mammoth Hospital Received a 5-Star Rating for patient experience from the Center for Medicare and Medicaid Services (CMS). CMS released new patient experience star ratings on July 31, giving 266 hospitals a rating of five stars. CMS assigned a patient experience star rating to 3,478 hospitals based on the Hospital Consumer Assessment of Healthcare Providers and Systems scores collected from January 1 through December 31, 2019. *Becker's, August 12, 2020.*

Anthem BlueCross recognized Mammoth Hospital for outstanding performance: "Anthem would like to recognize your Health Center for your outstanding performance in Quality and Operational excellence. Improving Quality is not easy. We recognize that and want to appreciate the efforts your health center has made to go above and beyond for:

-) Delivering outstanding care to Anthem's patients.
-) Making necessary improvements to care so that it's reflected in the various ways we measure quality.
-) Optimizing patient performance."

This recognition comes as a result of the work done by our staff and providers in our clinics and the Population Health department.

Guardian of Excellence Award for Two Departments
From Press Ganey:

-) "Mammoth Hospital won the Guardian of Excellence® for Patient Experience in the Emergency Department for reaching the 95th percentile for each reporting period for the award year."
-) "Mammoth Hospital won the Guardian of Excellence® for Patient Experience in Inpatient for reaching the 95th percentile for each reporting period for the award year."

Foundation

The Foundation has completed tours of the Specialty Clinic with donors as part of our COVID-safe grand opening. The donors have been very pleased with the new clinic.

The Cancer Outreach Day of Golf will take place on September 25 with COVID-safe requirements in place to ensure the safety of players and volunteers.

Patient and Family Advisory Council (PFAC)

The PFAC has started back up and is looking to recruit additional members to the team focused on a more ethnically diverse group of individuals.

Annual Hospital Orientation

Wednesday, September 9 is our Annual Hospital Orientation Meeting. This is the easiest way to do the annual orientation **which is required of all members**, whether you work in the hospital or not. As MHA members and volunteers, we are bound by the privacy rules of the Health Insurance Portability and Accountability Act (HIPAA). What information we can and cannot share will be covered. In this year of COVID-19 the section on infection will be particularly meaningful. The meeting will begin at 11:00 a.m. at Mammoth Hospital in Conference Rooms A & B.

Mammoth Hospital Specialty Clinic



Recognize this building? Our old Cast Off has a new life. And some of our members helped make it happen! A huge thank you to the following donors for their contributions in adopting rooms for this facility!

Lorrie & Jim Gould
Lorrie is the MHA Vice President

Helen Shepherd & Bill Curtis
Lifetime MHA Members

Gary & Karilyn Myers
Patron MHA Members

Wade Eckert Family
Rita Eckert is an MHA Founder

Mammoth Emergency Physicians

Hospital Management Team

As Helen and Bill said, "We're quite proud of playing a part in getting more specialists to the Mammoth population."

Mammoth Hospital Auxiliary is extremely proud to have members so dedicated to bettering our community.

We thank you!

Since the Hospital wasn't able to host an open house during COVID-19, they created a video to share the space. You can view it on the hospital website or go to:

<https://www.youtube.com/watch?v=4HbZILJTUVM#action=share>

Sunshine Update — Sharon Clark

When Mary Ann Schimmel has an accident, she really sorta stacks one accident on top of the other. On August 4, she came home from a ride on her E-bike. Just like normal, she jumped off her bike but instead of landing normally, she jammed her foot into the ground. Her ankle hurt but she thought it was no big deal until she tried to sleep that night. Sleep would not come. Finally, at 6:30 a.m., she asked her husband to get her an Advil which she promptly swallowed. She knew this was not wise on an empty stomach but she was groggy. Sickness overwhelmed her and she fainted. As she fell, she hit her head hard and woke up with EMS guys bending over her. In the ER, she learned she had a concussion. They put her ankle in a boot. For the next 9, *nine*, miserable days she was unable to read, work her iPhone, sleep or watch TV. Apparently a concussion seriously affects eyes and the ability to sleep. But, by day 10, August 13, she was on the road to recovery...finally. Good for you, Mary Ann. Now, in the future, please be very careful *how* you get off your E-bike~~!!



E.L. Smoogen had laparoscopic surgery on August 17. He will be recuperating at his daughter Lisa's home down south. He's got the very best nurse in the book....wife Pat. We hope for a quick and speedy recovery, E.L.

So very sad to report that Mary Jo Bauer has had a severe stroke and is not expected to recover. She is in a hospital in Oxnard. Willi and her son Michael have been with her every day since the stroke. Our thoughts and prayers are with her and her family.

"Hope doesn't require a massive chain where heavy links of logic hold it together. A thin wire will do...just strong enough to get us through the night until the winds die down."

— Charles R. Swindoll

What's Happening @ the Cast Off?



From the Day Chairs & Co-Chairs

Monday—Karen Curry

Monday has become an official workday now that we are only open Saturday and Tuesday. Sharon Clark has become the chief of the Monday crew which sometimes includes Dennis and Barbara, and Paul and Penny, and many others. It's great to get the store tidied up and share some camaraderie at the same time! Friday is our second workday. Usually, Al and Patti open up and we manage to clean out the clothing area (formerly known as the Furniture Showroom)! It takes two days now just to get ready for our "open" days!

Tuesday—Shirley Parker

So a couple of weeks ago I was manning the front door and a woman with her son wanted to come into the store. I informed them that no kids are allowed in the store at this time. She became very annoyed and couldn't understand why kids couldn't come into the store. I let her know that the volunteers are over the age of 65 and we are doing our best to be preventative and mindful of our volunteers, customers and community. She stormed off. A week ago my son wanted to introduce me to his friend's mother from mountain bike team. When she came walking up I recognized the mask. The son recognized me. It was the same lady who was totally annoyed that we would not let her kid in. Let's just say I got to re-enforce the cast off preventive measures. Small town! Please, everyone be mindful of wearing your masks properly. It's hard to enforce to customers if we as volunteers have them on incorrectly in the store. Appreciate all the hard work everyone is contributing.

Thursday—Sharon Clark

This will be Thursday's last 'report' ... for the foreseeable future. We decided that we would "adopt" Tuesday ... so Patti, Al, Dick, Carolyn, Pat, Cindy, Gail and Sharon work all day on Tuesday, and some of us also

adopted Saturday. We started working 2 hrs/week on Monday or Friday long time ago just to 'catch-up'. Without customers coming and going, we get so much done. Penny, Paul, Dennis and Barbara often join us. When we've defeated, conquered and prevailed over coronavirus...Thursday Team will be back~~!! In the meantime, stay masked, distant, safe and sane.

Saturday—Karen Curry

Saturdays are still crazy busy, especially when our customers know this is a "donation" day and this is the final destination of leftover yard sale items. Scott has been setting up the Easy Up on the days we are open and he takes it down at the end of the day as well! It makes it so nice to have shade to receive the donations, process and sanitize them. We still need more volunteers for Saturday: we simply cannot operate with five volunteers! We need at least ten, so please come out and help us on Saturday!

Odds & Ends from Cast Off Committee Mtg

-) Still no children allowed in store. Must be 18 or older.
-) The "front door" volunteer should be a regular member and volunteer (as opposed to community volunteers such as Rotary, Mormon, High School, etc.) as they are representing the Hospital Auxiliary. They should also continually check the waiting line for people with children and explain to them right away (nicely please!) our policy regarding children.
-) Cashiers are very busy and have asked not to be disturbed by volunteers when they are with customers or have a line. Also, Cashiers do not answer the phone. Too busy!
-) No political masks or pins are to be worn by volunteers.
-) Please do not throw away hand sanitizer/pink sanitizer bottles. They should be refilled.
-) When answering phone, tell people we are not taking large furniture items. Let them know we take things depending on space and only on Saturday and Tuesday when we're open.
-) Permanent workdays are Monday and Friday, 9-11 a.m. Call or drive by to make sure we're open. Sharon Clark has taken Monday and Karen Curry Friday.
-) Clothes racks are **TOO FULL!** If customers can't see items, they won't buy items.
-) There is a special rack for summer dresses so put them there rather than on the regular dress rack.
-) Put baseball hats on the ski hat holder in front since it's summer and they are selling.
-) Please try not to "junk up" Vicki's lovely table displays. There's a shelf just for small knick-knacks and hair items (scrunchies, clips, headbands) have a basket under the jewelry displays.

A Plea from One of Our Volunteers

Covid19 has changed life as we know it. Cast Off has not been spared. When we opened June 20, our hospital made certain we Volunteers would be as safe as possible. They gave us masks. They gave us a "forehead" thermometer which is wall mounted. They told us to take our temperature, record it, date and sign the sheet each time we entered the Cast Off. We were to sanitize before touching anything. We had to distance 6 feet between us...which was easy because our "jobs" were spread out.

Our Saturday and Tuesday (our open days) jobs are: Door Monitor; Cashier; 2 Volunteers at Donation Receiving Tent; 2 Volunteers pricing donations; 2 Volunteers testing/pricing electronics; and 2 Volunteers sorting/hanging clothes. In order to "keep up" with the flood of donations, Volunteers are working days when our store is closed and there are NO customers. Sharon opens Cast Off every Monday, 9 a.m. - 11 a.m. Karen opens Cast Off every Friday, 9 a.m. - 11 a.m. These are our "catch-up" days.

Originally, we were allowed only 15 customers in the store **at one time** which meant much less merchandise being sold and much less income. At the same time, we were slammed with donations which had to be put in quarantine or disinfected. **Change indeed~~!!** Too much stuff and too few customers to buy it. We needed more customers to buy more merchandise. So, we began opening Cast Off at 10 a.m. instead of 11 a.m. Even that extra hour was not enough to accommodate folks who wanted to shop. So, Al measured the store square footage and Vicki asked the Fire Chief if we could expand our customers-in-store-at-one-time. He said we could allow 5 more people in to shop. Now 20 customers are allowed to shop at one time. However, that has not relieved the long wait for customers to get into the store.

Our Auxiliary Family needs to know that we **really, really, really** need more Volunteers. We need at least 10 Volunteers, working all day on Saturday and Tuesday. Some MHA members are hesitant to be around customers. Helping out a couple of hours on Monday or Friday when there are NO customers would be greatly appreciated. Volunteers are ALL careful - we mask, we take/record our temperature, we sanitize, we distance, fans are running, doors are open, air is circulating. We feel absolutely comfortable working with each other. Knock on wood...so far, we're ALL CV19 free~~!!

Please consider lending a hand. Stay masked, distant, safe and sane! **Sharon Clark**

Editor's Note: The author of the above and a small group of dedicated volunteers have worked nearly every day we have been open to customers as well as nearly every day when our store is closed and there are NO customers! They need a break! Please help and volunteer.

Cast Off COVID-19 Guidelines

Anytime we have to make a major change we have a learning curve. Volunteers have been working on our Monday and Friday "catch up" days and have developed a feel for what works and what doesn't work. The following guidelines are based on their experience.

We need at least **10** Volunteers **ALL** day when we're open:

Door Monitor

Cashier

2 Tent Volunteers accepting & disinfecting donations

2 Volunteers pricing donations

2 Volunteers testing/pricing electronics

2 Volunteers sorting/hanging clothes

10 Volunteers

Upon entering store with mask on, take and record your temperature and use hand sanitizer.

We should rotate jobs, except electronics, hourly so no one gets stressed or tired.

NO one under 18 years old is allowed inside Cast Off. If children need to try on shoes or ski boots, parent must take items outside for 'try on'.

NO Volunteers should be out on the sales floor loitering, visiting, rearranging, culling, etc., while store **is open**. CV19 rules say **ONLY 20** customers **IN store at one time**. Volunteers need 'to shop' before store opens for customers.

IF Volunteers take items onto floor, they need to **wear an apron or Cast Off ID**. Identification keeps you from being counted as a customer.

Tent Donation Site:

Electronic donations go into quarantine on shelves in red door room. Date items.

"Soft" donations, clothes, linens, back-packs, suitcases, etc. go into quarantine room (furniture showroom) and added to bags, stacked and dated.

Skis, poles, snow boards, baskets, etc. can be sprayed with disinfectant, let air dry and sent to pricing table.

Most other 'hard' goods should be sprayed with disinfectant, wiped down and sent to pricing table.

Paul Burdeno is in charge of books. He wants all books since he supplies June Lake, Bishop as well as Cast Off. They should go into quarantine room with soft goods.

Cast Off Refresher

The Auxiliary owns and operates the Cast Off Thrift Store as its primary revenue and fundraising enterprise. The Cast Off has grown into a big business and must be run as such to protect the Auxiliary's non-profit status. To ensure we follow consistent business practices, the Cast Off Handbook was created. It contains most of the policies and procedures that govern the operation of the store. Its primary purpose is to provide a guide for members to make certain business is conducted consistently from day-to-day.

New volunteers are to read the Handbook before starting to work at the Cast Off and all Cast Off volunteers should review it annually to keep current. Everyone should be familiar with Chapter 1: General Information and Chapter 6: Cast Off Emergency Plan. Other chapters can be read and referred to as needed or as they pertain to the area/ areas where you are working.

The Cast Off is managed by a policy-making, working committee consisting of the Day Chairs, their Co-Chairs, and the Auxiliary Treasurer. The Auxiliary President and Immediate Past President are ex-officio members.

There is a Day Chair and a Co-Chair for each day we are open. They manage the daily operation of the store and are responsible for seeing that the Handbook guidelines are followed so we are consistent from day-to-day. They handle daily staffing, decision making regarding what items to accept or not accept, pricing, and keeping the store running smoothly. They're the primary communicators between Cast Off volunteers, the Cast Off Committee and the Auxiliary Board. If there is an issue they can't resolve, they will take it to the Committee. If the Committee cannot resolve it, a committee member will present the issue to the Board for resolution.

The Cast Off operates under a Business License issued by the Town of Mammoth Lakes. The license is posted in the Foyer. We are required by California law to charge sales tax for all sales. We are not the type of 501 (c) (3) that qualifies for an exemption. There are special exemptions in the Sales and Use Tax Law for certain types of charitable organizations. To qualify, a thrift store must conduct a rehabilitation program recognized by the California Department of Rehabilitation or operate under a city or county rehabilitation program. It must also sell goods processed in some manner by people who are being rehabilitated through the program and are employed in the operation of the store.

Suggestions and ideas for improving the operation of the Cast Off are welcome. They can be made to a Day Chair or Co-Chair who will bring them to the monthly committee meetings.



Birthdays for September

9/3	Franni Ferrero
9/11	Jan Daigle
9/16	Ken Irvine
9/17	Shirley Strazdins
9/18	Dawn Lazar
9/23	Lorraine Hansen
9/26	Jo Bacon
9/30	Ira Hanson

One day in 2016, Kent Shrewsbury stopped by the Habitat for Humanity ReStore in Anaheim, California, with his son, 20-year-old Kenneth Solis. As Shrewsbury wandered the store, Solis went directly to the records. While flipping through the vinyl, he discovered a stack of black-and-white photos between two records. One showed a dog with a giant stick. Another was an artistic nude of a pregnant woman. A third showed a couple dancing. There were 20 others. Solis grabbed the photos and took them over to his dad, who recognized the dancing couple as Marilyn Monroe and her third husband, playwright Arthur Miller. Solis and Shrewsbury purchased the photographs for \$23—\$1 apiece.

Shrewsbury then went about deciphering the signatures on the pictures and Googling the names. That's when he realized they'd found something more than random antique snaps: the prints seemed to be from famous 20th-century photographers including Eve Arnold, Burk Uzzle, and Elliot Erwitt. The images were gelatin silver prints (a photo process introduced in the 1870s that remained popular with fine art photographers through the 1960s), so maybe they were originals.

A few months later, Shrewsbury took five of the photos to an *Antiques Roadshow* taping in Palm Springs, where he showed them to appraiser Aimee Pflieger, a photography specialist at Sotheby's. She authenticated the prints, calling them a "fantastic find." She estimated the combined value of the five photos as \$24,000 to \$36,000. Shrewsbury and Solis hope to sell the photos and use a portion of the money to buy Solis a car, with the rest going to Habitat for Humanity of Orange County as a donation.

MHA College Scholarships – Sara Knadler

The Scholarship Committee recently awarded \$13,000 in college scholarships to the following who are furthering their education in a medically related field:

Sydney Knadler
Ricky Hamilton
Gaylon Jay TeSlaa
Sheila Brode

To date, we have awarded College Scholarships totaling \$617,000 to deserving members of our community. Our College Scholarships offer financial assistance to students who have completed two years of prerequisites in a medically related college curriculum with a minimum 3.0 grade point average, or worked for two years in a medically related field in Mono County. They must also be a current resident of Mono County and resided there full time for a minimum of two years, or are currently working in Mono County full time for a minimum of two years.

Plum Family Scholarships – Judy Bornfeld

Welcome to the updated Plum Family Scholarship awardees program. The Plum Family started this incredible and generous \$10,000.00 yearly Scholarship program for five Mammoth High School graduates in 2018. This is the third year that we have been honored to assist in selecting the five students from Mammoth High School to receive these generous scholarships of \$2,000.00 each. These Scholarships are for four years if the students meet the qualifications each year.

This year we have five renewable students that met the yearly requirements. They are: Stella Anderson, Tanner Bissonette, Melissa Cook, Mallory Podosin and Francisco (Alex) Solorio. The five new Scholarship awardees this year are: Rhonda McChesney, Keely Podosin, Jocelyn Solorio, Ann Matthiessen and Addison Witherill.

It has been an honor working with the Plum Family and their desire to educate our future community. Congratulations to the ten students who have worked really hard, especially, this last semester to be able to achieve these honors. A Giant Thank You to the Plum Family for your thoughtful and caring investment in our future generations. It is greatly appreciated.

Cancer Outreach Golf Tournament

The Mammoth Hospital Foundation is hosting a day of golf in honor of Brian Venneman, Friday, September 25 at Sierra Star Golf Course in Mammoth Lakes. This year's format will look different than years past because of COVID-19, but the need for cancer support in our community is as strong as ever. As Dr. Yuri Parisky says, "Cancer doesn't stop for COVID!"

The Cancer Outreach Fund offers financial assistance to Mono County cancer patients. Although Mammoth Hospital does provide early detection screening and some treatment services such as chemotherapy infusion, specialized care is typically referred to cancer centers outside of the area. The Cancer Outreach Program assists patients by reimbursing them for the cost of gas, meals, and lodging expenses associated with travel to cancer centers.

Some of the key differences in the 2020 Brian Venneman fundraiser include:

-) Teams will be assigned tee times between 8 am-2 pm.
-) We will provide a boxed meal for each player, but we are not able to host additional meals or gatherings.
-) We are organizing a scaled back raffle with a handful of great prizes. We recommend purchasing tickets online (below) if you'd like to participate.
-) Participants are required to wear face coverings in and around all buildings and at any station hosted by staff or volunteers.

Registration is live at <https://mammothhospital.org/golf/>

In addition to golf participation, you have the option to support the Cancer Outreach Fund through sponsorship or a direct donation. All of these options are available on the [Registration Page](#).

The Library is Open!

Mammoth Lakes Library and its wonderful staff are open to serve you, albeit with some limitations which include wearing masks, using the provided hand sanitizer prior to browsing books, and following the physical distancing guidelines provided by staff.

Our library adheres to the guidelines that other libraries follow in regards to asking patrons to return books and other materials into **the book drop only**, after which they will be quarantined for 4 days before cleaning and reshelving.

Be sure to stop by the Library and check out the current photography exhibit.



The Gallery Wall

The popular Eastern Sierra Photography exhibit, featuring fifteen local photographers, is our current exhibit which will be displayed through Labor Day weekend. Many beautifully framed original photographs still remain to grace one of your walls.

The watercolor artists exhibit will show subsequently through November.

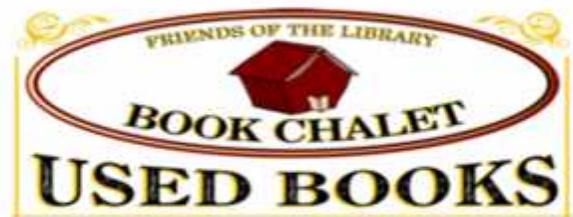
The exhibit in the Ellie Randol Reading Room during regular library hours.

Beloved Used Book Store to Close

The coronavirus has taken a toll on our small town and now has forced the Book Chalet to close its doors after serving our community for the last 21 years. Like the Cast Off it is run by volunteers, Friends of the Library members (and some Auxiliary members too!) with a median age in the mid-70s. Even though the book store meets the Public Health certification process, the lack of volunteers makes it impossible to re-open. However, there is a silver lining. The Book Chalet will transform into a Mini Book Chalet in October inside the Library. The books currently at the book store are pre-Covid-19 books and will be used to stock the "mini" shelves initially. To reduce the volume of books to be moved, there will be a book sale as shown below.

We will miss the Book Chalet and all the happy hours you have given us! Much success in your new location. As Book Chalet Manager OJ Zeleny says, "May good health and the wonder of books be with you all!"

"Second hand books are wild books, homeless books; they have come together in vast flocks of variegated feather, and have a charm which the domesticated volumes of the library lack." - Virginia Woolf



BOOK "SALE" ALERT!



WHERE: The Book Chalet
(across from The Stove Restaurant)

WHEN: Saturday, August 29 and September 5

TIME: 9:00 AM – 5:00 PM

COST: Donate \$\$ for books

INCENTIVE:

Free MLFOL tote bag to first 300 customers

Help MLFOL defray moving costs

REQUIREMENTS:

Five (5) customers maximum in store

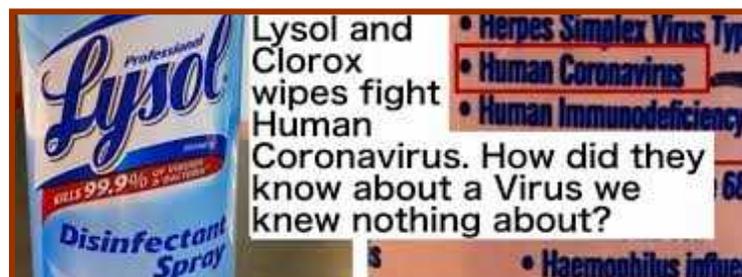
Must wear a Public Health approved mask

Must sanitize hands before entering

Pandemic Phrases That Have Infected Our Vocabulary

As the virus altered the lives of billions of people, a new way of speaking, a strange naming of things, almost like a Corona Esperanto spread as quickly as the pandemic. It feels like years (not months) ago that we learned our first COVID-19 terms, like *social distancing* and *flatten the curve*. We had to process so much, in so little time; we had to become experts about important differences: *epidemic vs. pandemic*, *quarantine vs. isolation*, and *respirator vs. ventilators*. The conversation continues with *contagious vs. infectious* and *what antibodies do*. Here we are, in the summer of our sequestration, and the new words and concepts keep coming. The new vocabulary has, to be sure, helped us stay safe and informed during these scary times. So here's a partial roundup of some of the new slang terms born of this unique, unprecedented time in modern life—a time of upheaval that some more jokingly call the *coronapocalypse* (*corona apocalypse*) or *coronageddon* (*corona armageddon*).

-) **Covidiot:** A slang insult for someone who disregards healthy and safety guidelines about the novel coronavirus.
-) **Quaranteam:** The (very limited) group of people you see during self-isolation. Whether you call it a *germ pod*, a *COVID bubble*, or your *quaranteam*, this is the group of people you voluntarily choose to socialize with or even live with during the quarantine. Basically, your pod chooses to isolate together, promising not to have close contact (within six feet) with anyone outside the pod. This form of *contact clustering* (yet another term used by epidemiologists to describe the situation) allows you to socialize while also staying safe.
-) **Doom-scrolling:** Constantly refreshing our news feeds for the latest about the pandemic, and even harder to peel our eyes away from our phones and computers.
-) **Moronavirus:** Another term for a *covidiot*.
-) **Quarantine:** How do you take your *quarantini*? Dirty, dry? Shaken, stirred? Vodka, gin?
-) **Coronarita:** The *margarita* answer to a *quarantini*—served with, what else, a Corona-brand beer.
-) **Walktail:** When you want to take your *quarantini* or *coronarita* outside on a walk.
-) **Virtual happy hour:** When someone might drink a *quarantini* or *coronarita*.
-) **Zumping:** When you break up with someone over a video conferencing service.
-) **Coronacation:** Coronavirus-compelled *staycations*, due to cancelled classes, shifts, and the like. It's usually an ironic term—just ask parents working from home while teaching their kids.
-) **Fattening the curve:** For example: "Oh no. I've gained six pounds since the middle of March. I'm fattening the curve!" Washing hands often, wearing a facial covering, keeping a safe distance from others and staying home as much as they can may keep people safer from the virus, but there is one thing they are not safe from: the **refrigerator**. This situation can lead to the COVID-10, COVID-15 or Quarantine 15. All three words describe the weight in **pounds** that some people are gaining from eating too much during quarantine.
-) **Boomer remover:** For a few weeks, some particularly callous young people were calling the virus the "boomer remover," referring to their belief that only old people would die or be seriously affected by the coronavirus.
-) **Covexit:** The process of gradually relaxing and removing the restrictions on public life imposed by governments in response to the Coronavirus crisis.
-) **Blursday:** An unspecified day; the loss of the ability to track one's week because of the lockdown's effect on time.
-) **Infits:** Outfits worn in conditions of confinement
-) **Social shaming:** To go out or stay home? To shop or not? There's a significant divide in public opinion among those who believe social distancing and even lockdowns should continue and those who would like to return to life as we once knew it. Americans upset about others violating social distancing norms have taken to social media and other forums to shame or embarrass those caught in the act.



“COVID Comics”

Wife: Did I get fat during Quarantine?
 Husband: You were never really skinny!
 Time of Death: 4/25/20
 11:23 pm Cause of Death: Corona virus



Husband and I went grocery shopping with masks, got home, took off masks, brought home wrong husband! Stay alert people!

I still can't believe people's survival instincts told them to grab toilet paper.	I'm going to stay up on New Year's Eve this year. Not to see the New Year in, but to make sure this one leaves.	If I had only known in March it would be my last time in a restaurant, I would have ordered dessert.
At the store there was a Big X by the register for me to stand on... I've seen too many Road Runner cartoons to fall for that one.	Having some states lock down and some states not lock down is like having a peeing section in a swimming pool.	Until further notice, the days of the week are now called, thisday, thatday, otherday, someday, yesterday, today & nextday.
THEY SAID A MASK AND GLOVES WERE ENOUGH TO GO TO THE GROCERY STORE THEY LIED, EVERYBODY ELSE HAD CLOTHES ON	The dumbest thing I've ever purchased was a 2020 planner.	When Does Season TWO of 2020 Start? I Do Not Like Season ONE.
Keep in mind, even during a pandemic, no matter how much chocolate you eat, your earrings will still fit.	The buttons on my jeans have started social distancing from each other.	I never thought the comment "I wouldn't touch him/her with a 6 foot pole" would become a national policy, but here we are



For Your Funny Bone!

NEWSPAPER ANALYSIS

Experts have found the following newspaper analysis to be humorously accurate .

1. The Wall Street Journal is read by the people who run the country.
2. The Washington Post is read by people who think they run the country.
3. The New York Times is read by people who think they should run the country, and who are very good at crossword puzzles.
4. USA Today is read by people who think they ought to run the country but don't really understand The New York Times.
5. The Los Angeles Times is read by people who wouldn't mind running the country, if they could find the time and if they didn't have to leave Southern California to do it.
6. The Boston Globe is read by people whose parents used to run the country.
7. The New York Daily News is read by people who aren't too sure who's running the country and don't really care as long as they can get a seat on the train.
8. The New York Post is read by people who don't care who is running the country as long as they do something really scandalous, preferably while intoxicated.
9. The Chicago Tribune is read by people that are in prison that used to run the state, & would like to do so again, as would their constituents that are currently free on bail.
10. The Miami Herald is read by people who are running another country, but need the baseball scores.
11. The San Francisco Chronicle is read by people who aren't sure if there is a country or that anyone is running it; but if so, they oppose all that they stand for. There are occasional exceptions if the leaders are gay, handicapped, minority, feminist, atheists, and those who also happen to be illegal aliens from any other country or galaxy, provided of course, that they are not Republicans.
12. The National Enquirer is read by people trapped in line at the grocery store.
13. The Seattle Times is read by people who have recently caught a fish and need something to wrap it in.

Bon Appétit!

Orange Marmalade Chicken

- 3/4 cup orange marmalade
- 3 tbsp. soy sauce
- 1 tbsp. rice vinegar
- 1 tbsp. grated fresh ginger
- 1 clove garlic, minced
- 8 boneless, skinless chicken thighs

Combine marmalade, soy sauce and vinegar. Microwave for 45 seconds, then whisk until marmalade is dissolved. Whisk in ginger and garlic. Pour over chicken and marinate for 1 hour, or more. Preheat broiler. Transfer chicken to a broiler pan. Pour remaining marinade into a small pan. Broil chicken until cooked through and well charred on surface. Meanwhile bring marinade to a boil. To serve, drizzle hot marinade over chicken. Good served with rice.

Chicken is even better if cooked on the grill!

Enjoy!



Newsletter articles are due the by the 15th of each month. Drop them in Jan McPherson's mailbox at the Cast Off or mail/email them to her at PO Box 2859, Mammoth Lakes, CA 93546, 760-934-5813, scoutdj1967@gmail.com

Dates to Remember

September 3, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
September 7, Monday	Labor Day
September 9, Wednesday	MHA Board Meeting, 10:00 a.m. in Mammoth Hospital Conference Rooms A & B MHA General Meeting – Annual Hospital Orientation, 11 a.m. in Mammoth Hospital Conference Rooms A & B
September 30, Wednesday	Membership renewal deadline to be included in new Roster
October 1, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
October 14, Wednesday	MHA Board Meeting, 10:00 a.m. in Mammoth Hospital Conference Rooms A & B MHA General Meeting—Capital Outlay Presentation, 11 a.m. in Mammoth Hospital Conference Rooms A & B
October 31, Saturday	Halloween
November 1, Sunday	Daylight Saving Time Ends
November 5, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
November 11 Wednesday	MHA Board Meeting, 10:00 a.m. at the Cast Off Veterans Day
November 26, Thursday	Thanksgiving
November 27, Friday	Black Friday
November 28, Saturday	Small Business Saturday (Black Friday equivalent for small businesses)

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Mammoth Hospital Auxiliary

P.O. Box 1399

Mammoth Lakes, CA 93546

