



# Volunteer's Voice

July 2020

*Mammoth Hospital Auxiliary is a fellowship of volunteers dedicated to supporting each other, the hospital, its patients and the community.*

## Inside this issue

Hospital News	2
Sunshine	2
Annual Meeting	3
Nominating Committee	3
Birthdays	3
Membership	3
Cast Off News	4
Reopening Plan	5
Achievement Awards	6
Plum Scholarships	6
In Memoriam	6
COVID News	7
Dog Days of Summer	8
COVID Brain	9
Natl. Day of the Cowboy	9
COVID Comics	10
For Your Funny Bone	11
Bon Appétit	11
Dates to Remember	12

## Treasurer's Report

**Diane Beglau**

May 1-31, 2020

### Revenue:

Cast Off	0
Rental	609.15
Interest Income	1.19
<b>Total Revenue:</b>	<b>610.34</b>

Due to COVID-19, Cast Off was Closed all of April

### Expenses:

Cast Off	3,974.73
Administration	1,016.50
Student Achieve Awards	4,100.00
<b>Total Expenses:</b>	<b>9,091.23</b>

**Net Income: -8,480.89**

Union Bank:	30,526.54
Money Market:	30,550.35
EasternSierraCommBk	30,235.28



## President's Message — Judy Bornfeld

Greetings to each of our Auxiliary members and friends...

Hopefully, ALL are well and managing this continuing COVID-19 worldwide pandemic. I know it's been very difficult and stressful for all of us. Our rhythm, our balancing act of life, has been up in the air as we work on grounding ourselves to the New Normal. Whatever those pieces of our life puzzle are, who knows? I do trust that we'll pull together with some positive balance and harmony!

YEAH!!! GUESS WHAT??? THE CAST OFF RE-OPENED SATURDAY, JUNE 20, from 11 a.m.—3 p.m. Also, we'll be open on Tuesday, June 23, 11 a.m.—3 p.m. Our new open store days will be Saturdays and Tuesdays. Our volunteers have been diligently working on the most positive and safest ways and policies possible on our re-opening. We have been consulting with the County, the Chamber of Commerce and of course, our Mammoth Hospital. They have been terrific with information and important supplies. See the official Cast Off Re-Opening Plan on page 5. Remember: the most important and very 1<sup>st</sup> priority is you ... all or our precious Volunteers. If anyone of you is uncomfortable to volunteer on our open Cast Off days, no problem. We will have plenty of workdays that are available to volunteer. Also, for sure, we're going to be receiving an abundance of donations!!! So, each one of you will be greatly needed and appreciated anytime that works for you! A GIANT THANK YOU!

We are closing in on our 2019-2020 fiscal year. For the most part, this past

year has been a fantastic and rewarding year...and then a BIG BANG!!! Actually, we are all very blessed and fortunate for all the gifts of life that we have and give to each other.

We will be having our Annual General Meeting on Wednesday, July 8 at 11 a.m. at the Cast Off, followed by a light Appreciation Luncheon and a very short installation of the new Board. Looking forward to seeing everyone with our masks on and social distancing. I just know that this is going to be a very fun and special event welcoming in our new President, Karen Curry, and our terrific Board. See page 3 for more info about the meeting and the entire slate of officers.

With my parting President's message, my heart, soul and energy are always present with each one of you, each and every day. Wishing each one of you, health, playfulness and enjoyment. Life is very precious each and every day.

GIANT HUGS,

Judy

PS: I want to thank you all for the privilege and honor of being your Mammoth Hospital Auxiliary President these past years. You each have been a terrific and calming team to be a part of. I have learned sooo many valuable life lessons and I definitely will miss you, my friends! I'm excited for Karen as our new President. I know that she will do an exceptional job, especially with the support of you all, our wonderful Volunteers. I will always thank you and appreciate each one of you!

Judy

## Hospital News — Tom Parker, CEO



### COVID-19

Clinics have been given the direction to return to full volume capacity and have ramped up significantly in the last few weeks. Likewise, the OR has returned to its normal block schedule, and elective surgeries are being scheduled and performed on a daily basis. All patients being seen in the facility are being screened for symptoms and temperature prior to entering. All patients having a procedure performed are tested for COVID-19 to maintain our tenet of not allowing the hospital to be a vector for the spread of the virus.

We maintain a car clinic for patients suspected of being infected with COVID-19. This is to isolate them from the rest of the facility, thus allowing them to be seen while keeping the rest of the facility safe.

As of this writing, there are now 37 confirmed cases of COVID-19 in the community. There has not been a patient with an active infection admitted to the hospital since late March, which validates any newly identified cases are not impacting the hospital's capacity to care for patients.

Petitions by Mono County to the State to further open local business activity have been granted. We provided attestations that the hospital is able to treat all patients without crisis standards of care, test all people with COVID-19 symptoms, and that the County is able to conduct active monitoring of confirmed cases and their contacts.

### Cancer Program

An Oncology Navigation Committee was started by Craig Burrows, MD, Yuri Parisky, MD, Lisa Marusicz and Caitlin Crunk. Its initial work is to develop standardized patient flow and related staff roles.

### Daisy Award

Don Maddox received this year's Daisy Award. Margy Klammer and Jeri Dostie both achieved Daisy Lifetime Achievement Awards for their hard work and dedication to this organization for several decades.

### Facilities Projects

The Specialty Clinic project was wrapped up in May, with the Town providing a permanent occupancy permit. The Family Medicine "Sick Clinic" has been operating out of the clinic for more than a month and continues to operate out of the back section of the building. The Mammoth Hospital Foundation is working on a digital grand opening of the clinic. Six of the rooms were adopted by individual donors and the Hospital department management team adopted one of the rooms through their own contributions from their paychecks.

The project to fit out our OR3 room is now in full swing. We expect to bring the room online in July.

Work was recently completed in obtaining an additional three competitive quotes for our new hospital wing project. These bids are in current review by the Facilities team and will be ready to present to our Facilities Steering Committee by late June.

## Sunshine Update — Sharon Clark

'Tis time to 'knock on wood' once again .... because our Auxiliary Family continues to be Covid-19 **FREE**~~!! Yeah~~!!



Lenore Lemon had bone spur surgery, had to endure weeks of NO weight at all on foot (very hard to move around) but finally graduated to a boot. She actually went to Cast Off to work...walking o.k. with her boot.

Carolyn Cook finally got her new shoulder on May 23. She endured 2 days of aloneness in her hospital room since neither husband, Brent, nor daughter, Melissa, could be with her. As soon as she could walk up and down hospital stairs on May 25, family took her home. Sasha, her dog, was so happy to have her home but not nearly as happy as Carolyn was to *be* home. She was ready to visit/chat via phone. She got shoulder stitches out on June 5, was able to cut her pain meds from 4 to 2/day and was able to sleep thru the night, thanks to her hospital bed. She began exercises with PT and sent her hospital bed back on June 12. There is nothing like sleeping in one's own bed. All the while, she promised to be back to work at CO by the time it opened. And sure enough, she came in June 18 to do just that!



Please plan to attend our Annual Meeting on Wednesday, July 8 at the Cast Off. It's important that you attend ... **if at all possible** ... as we must elect our Board and Officers for the coming year, approve the budget for 2020-2021, and cover a few other items required annually of corporations. The meeting will be short, from 11 to 12 noon, if that long. We will be observing social distancing so please **wear a mask**. We'll be meeting outside in the shade at the front of the store, weather permitting, so **bring a chair**. In prior years, following the meeting, we have had an Appreciation Luncheon and Installation at a special location. We're still having an Appreciation Luncheon following the meeting but this year it will be a light luncheon at the Cast Off and the installation will be very short. If you plan to attend, please RSVP to [mammothspauxiliary@gmail.com](mailto:mammothspauxiliary@gmail.com) or call Judy at 760-937-4387 or Jan at 760-937-0467 by Friday, July 3. Hope to see you there!

Don't forget your mask and chair There may even be a prize for the funniest/cleverest mask!



### Birthdays for July

- 7/1 Diane Boccia
- 7/6 Lee Shugart
- 7/8 Willy Bauer
- Shirley Parker
- 7/13 Sandy Howley
- Ana Prieto
- 7/29 Jon Goodwin
- 7/31 Valerie Mackay

### Nominating Committee — Karen Curry

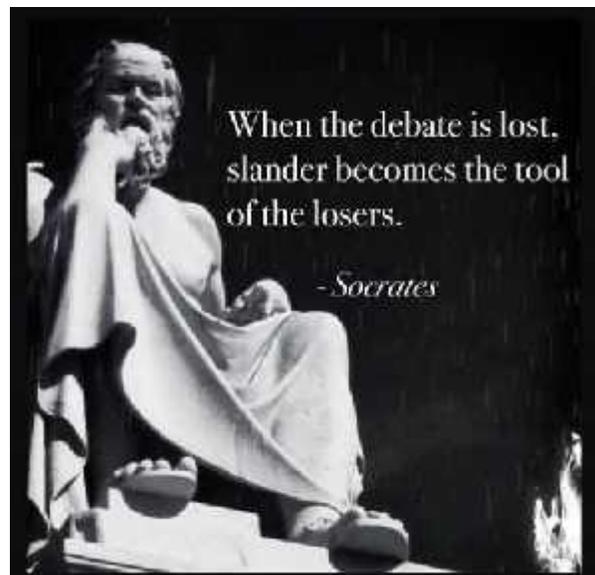
Every year in the spring, the nominating committee is formed by the Immediate Past President to select any board positions that may be vacant. This year, Judy Bornfeld, our dedicated President, is stepping down. It is with great pleasure that we present the slate of Officers for the MHA Board for the 2020/2021 fiscal year.

- President — Karen Curry
- Vice President — Lorrie Gould
- Treasurer — Diane Beglau
- Secretary — Sara Knadler
- Immediate Past President — Judy Bornfeld
- Members-at-Large — Kathryn Adkins, Michael Bornfeld, Gail Miller, Vicki Mobley, Shirley Parker and Gardiner Miller, Foundation Coordinator
- Jan McPherson will be our Parliamentarian!

I want to thank those who served on the nominating committee: Gail Miller, Lorrie Gould and Gisela Sellinger!

### Membership — Patti Heinrich

Our new fiscal year begins July 1 so it's time to renew your membership for 2020-2021. Renewal forms have been mailed to all members Please fill out the form even if your information has not changed. This includes Honorary and Lifetime members so we can make sure the database is correct. Bring your completed form and dues to the Annual Meeting on July 8, or drop them off at The Cast Off in my mailbox, or mail them to PO Box 1399, Mammoth Lakes, CA 93546, Attn: Membership Chairman.



## What's Happening @ the Cast Off?



### News from Each Day

#### Monday—Karen Curry

Monday Crew has gathered at the Cast Off a few times for a little work party and some much needed camaraderie! Last Monday, it was just Gail and Karen. During our time there, Dennis and Barbara stopped by and it was so good to see them and reconnect. Another email went out last night to recruit a few volunteers for this Monday. We always have a good time and get a lot of work done, too! Monday sends out good wishes to all of our volunteers and hope you are all doing well.

#### Thursday—Sharon Clark

On Thursday Pat, Cindy and Sharon gave Patti and Al Heinrich a warm welcome when they finally returned to June Lake and Cast Off. They left in early March to be with family down south. We are grateful they are back with us. And more good news...our Co-Chair, Carolyn, is gonna come 'visit' while we work from 9am - 11am. Hurray...Carolyn's sorta back

#### Saturday—Karen Curry

There isn't much to report for Saturday as the Cast Off is still not open. However, there has been a little bit of dumping in spite of the huge sign that discourages it! Some of those items include a treadmill, a broken recliner and a Queen mattress/box spring. Roger used his Sawz-all on the first two and Scott hauled the mattress to the dump. There haven't been any Saturday work days as most of us work on other days! Hope everyone is staying healthy and enjoying life here in the Sierra!



**Donor dumped these against the sign that says we do not accept them! How thoughtful.**

**However, our new security system was able to pick up the donor's license plate number. The police contacted him and told him he must remove the illegal items or be fined!**

**Our new security system works to pick up illegal dumping!**

## MAMMOTH HOSPITAL AUXILIARY INC. DBA THE CAST OFF BUSINESS REOPENING PLAN - JUNE 16, 2020

Name of Business: The Cast Off

Industry: Retail/Thrift Store (501c3 Non-profit)

Contact Information: Treasurer, Diane Beglau 760 914-1233

Business location: 3059 Chateau Road, Mammoth Lakes, CA 93546

Operating Capacity: 15 customers, 5 volunteers, 1 cashier

Social Distancing: Maintain 6 feet between customers and volunteers

Signage: We will post the Covid-19 Guidelines/"Wear a Mask" on all entry and exit doors.

Temporary Hours: We will be open on Tuesdays and Saturdays, 11:00-3:00

We will also be open just for volunteers to process donations and cull the store on other days of the week.

Face Masks and Hand Sanitizing is required by customers and volunteers to enter store. If a customer does not have a mask, they may obtain one for a donation of \$1.00 at the door. **NO CHILDREN WILL BE ALLOWED IN THE STORE AT THIS TIME.** All customers will wait outside the lobby area until asked to come in. We will have a "greeter" at the front door to ensure proper Covid-19 guidelines are followed along with regulating the number of customers allowed in the store. This volunteer shall allow one customer in when one customer leaves. Hand sanitizer will be available throughout store. The hand sanitizer bottles should be checked to be sure they are full every morning before opening of the store. A plexi-glass barrier will be placed at the cash register. Cashier shall wear a mask at all times. Cashier will sanitize the credit card machine and cash register / counter as necessary. Customers will show the cashier the item they are purchasing and bag items themselves. There will be no returns. There will be no dressing rooms or restrooms for customer use. All shopping baskets will be sanitized before customer use. The checkout line will be marked on the floor with each spot 6 feet apart down the center aisle. Doors (2) will be open weather permitting, door handles will be disinfected frequently.

Volunteers will be screened daily upon arrival: Their temperature will be taken and the volunteer must attest that they have not been in contact with anyone who tested positive for Covid-19. If they are sick, they will be sent home. All volunteers will wash their hands frequently, use hand sanitizer, routinely sanitize high touch areas and sanitize the volunteer restroom after each use. Our weekly cleaning company will sanitize all areas of the store thoroughly. All volunteers will be trained on the Covid-19 procedures by their day chair and a log will be kept of each volunteer who has received the training.

Donations: WE WILL NOT BE ABLE TO ACCEPT ANY LARGE FURNITURE ITEMS AT THIS TIME AS WE WILL NOT HAVE SPACE. We will greet the customer with donations outside (weather permitting) at the back of the store and ask that they separate their items on a table so only clothing will be stored in the furniture room. We will have an area in the furniture room for each day's clothing and linen donations. We will mark the bags with the date, keeping each day's donations separate. After 7 days the clothes/linens may be processed. Solid items will be wiped off with disinfectant/70% alcohol or a bleach solution of 1 part bleach to 9 parts water with a paper towel which will be disposed of after each item is cleaned.



Dressing room has been turned into a toy room!

## 2020 Mammoth High School Achievement Awards

Presentation of Mammoth Auxiliary High School Achievement Awards was quite different this year as was graduation for the class of 2020. Ordinarily awards are presented at the Senior Breakfast but, due to COVID-19, the awards were presented via video. Judy and Michael Bornfeld presented High School Achievement Awards to 41 deserving Mammoth High School graduates. If you would like to view the video, go to MammothUSD.org, select Mammoth High School, Class of 2020 Graduation Ceremony, click on The MHS YouTube Channel, then Community Scholarships. You can skip to Judy and Michael at about 46.29 minutes into the video.

## 2020 Plum Family Scholarships

Paula, Josh and Jovie Plum presented **Plum Family Scholarships** of \$2,000 each to five deserving Mammoth High School seniors: Rhona McChesney, Keely Podosin, Jocelyn Solorio, Ann Matthiessen, and Addison Witherill. You can view their presentation on the same video at about 40.30 minutes.

## When Albert Einstein Met Charlie Chaplin

ThisAlingMum.com



**ALBERT EINSTEIN:** -What I admire most about your art, is its universality. You do not say a word, and yet, the world understands you!

**CHARLIE CHAPLIN:** -It's true, but your fame is even greater! The world admires you, when nobody understands you!

## In Memoriam



**Rebecca W. Archer**

*October 22, 1927 - May 22, 2020*

Rebecca "Becky" Wolle Archer, 92, passed away in her home in Altadena on Friday, May 22, 2020. Born in Philadelphia, Pennsylvania, to Virginia B. and Charles E. Wolle, she was a longtime resident of San Marino and Mammoth Lakes, California. Becky attended Glendale High School and University of Southern California. She was pre-deceased by her devoted husband of 66 years, Jack Archer.

Becky ran the household that made her husband's insurance business success possible, entertained with grace, and supported the sports, activities, and interests of her children with dedication and pride. From the PTA, Little League, and Girl Scouts in San Marino, to the Mammoth Music Series, she took on service and leadership roles to benefit her community. Becky was an expert skier and led the charge on every slope at Mammoth Mountain until well into her 80s. An avid tennis player and ping-pong threat, tournament bridge player and Dodgers fan, she pursued skill and competence in everything she did. She played the piano, traveled widely, painted, and competed on Jeopardy every night from her living room.

Becky is survived by her three children and their spouses, John (Alyson) Archer of New York, Julie (Frank) Rizzo of New Hampshire, and Paul (Andrea) Archer of Massachusetts. Her grandchildren include Casey and Miles Archer and Kyle Nolan; Anna, Mark, and Zachary Rizzo; and Rhiannon Archer. She is also survived by her sisters-in-law Lorraine Muirhead and Barbara Archer of Altadena and formerly Arcadia, as well as many loving nieces and nephews.

In lieu of a service at this time, memorial donations may be made to the Glennwood House, an assisted living residence for young adults with special needs, 2130 South Coast Highway, Laguna Beach, CA 92651; [www.glenwoodhousing.com](http://www.glenwoodhousing.com).

Becky was a long-time member of the Auxiliary. She hosted many of our Christmas Potlucks at her home here in Mammoth. She was also a member of the Cookbook Committee and held several of the fun "tasting parties" at her home as well.



## COVID-19 News

Cities are empty of people but full of signs. Every city is like this now, as if our protective masks stifled the ability to speak and left us to communicate only in writing. Messages have appeared on storefronts, sidewalks, in the windows of apartments. They are printed on 8½-by-11-inch sheets, drawn on whiteboards, and scrawled in Sharpie.

Restaurants say they are open for takeout, sometimes with perks: A cocktail! A roll of toilet paper!

From a liquor store in South L.A. comes the following message: "COVID-19 is some real s\*\*\*. Cover your \*\*\*\*\* mouth. Shut the \*\*\*\* up! Buy your s\*\*\* and leave immediately. You cough, you die. Please drink responsibly."

On a park railing, a hand-painted warning reads, "Stay six feet apart or be six feet under."

In Seattle, a pair of teenagers taped notes in their windows to thank the nurses next door (and also brought cookies). The nurses put up a sign to thank them back.

After the state barred visitors from nursing homes, a Connecticut man made a poster to wish his wife a happy 67<sup>th</sup> wedding anniversary from outside her window. (He also called her on the phone: "Can you see my sign?")

Most of the business notices appear hasty and impromptu, as if each proprietor had stepped out to lunch and never come back. Quirky, like the note from the eyeglasses store down the block, printed capitals the size of a fist, so that even a man who'd broken his glasses could understand why they were closed. Or a sandwich board outside AlleyCat Comics in Chicago: "We will hold, ship, or throw comics at your car as you drive by."

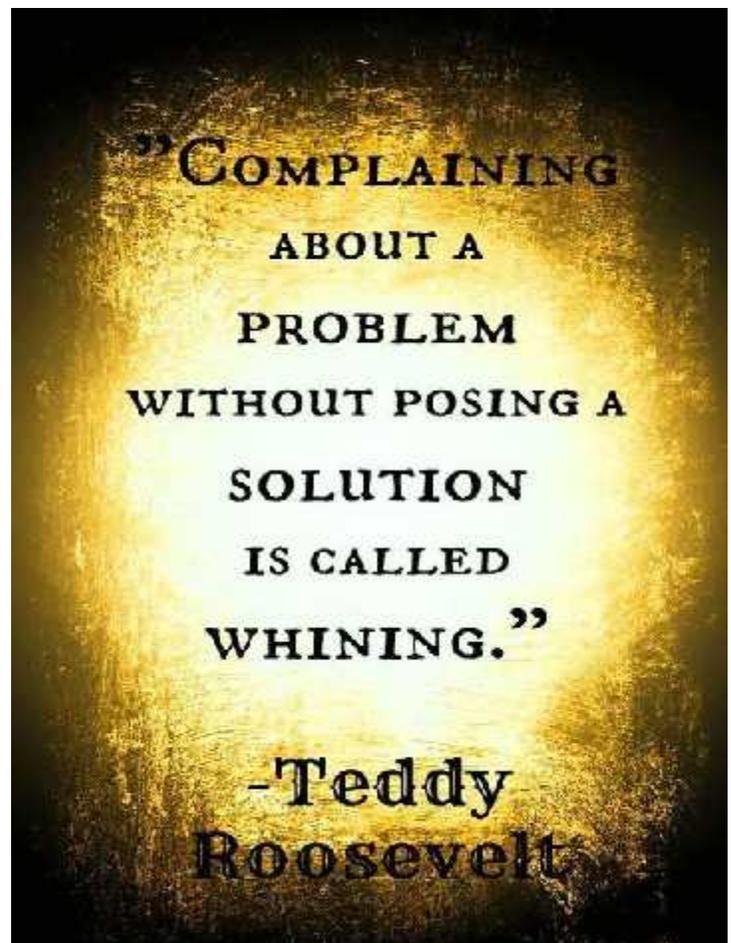
In neighborhoods, children do most of the work, in chalk and colored pencils: "Flatten the curve." "April distance brings May existence." Notes of thanks and support and encouragement have popped up in windows.

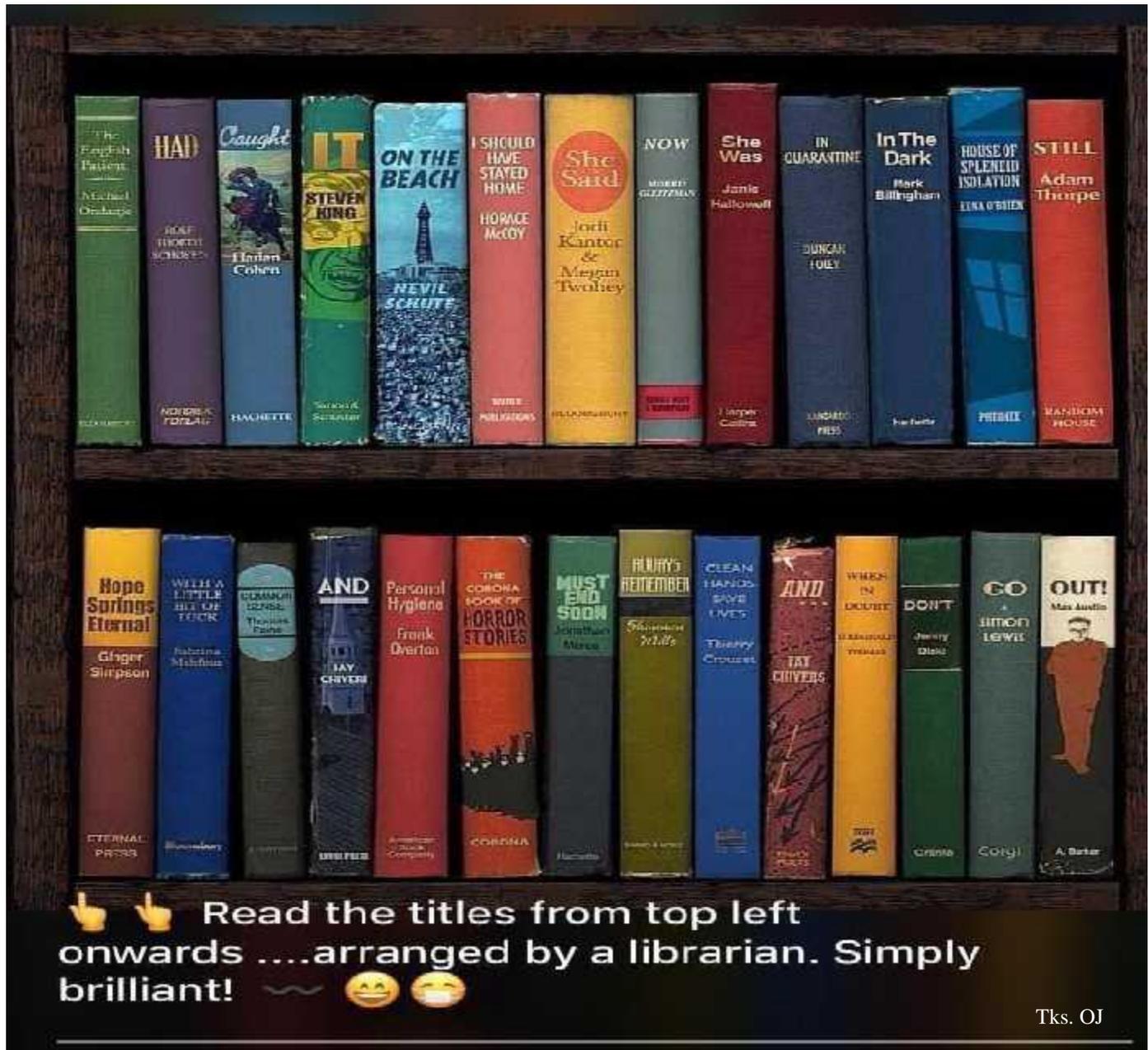
In Philadelphia, a virtually mapped scavenger hunt for sidewalk rainbows has turned the whole city into a spectrum. Like Italy's balcony songs or the French game show played from window to window, it's an example of creativity pushing through confinement.

While a third of the world is believed to be on lockdown, it's only natural that tempers start to fray after weeks cooped up at home. And when venting over the phone or on a video call just isn't enough, people from around the world have chosen to express their frustration by posting signs outside their homes.

One of the signs, pasted on a family's window in Columbus, Ohio, reads: "Uninstall 2020. It's got a virus." A rhyme that warns the public against licking ballot-return envelopes to seal them: "Whether healthy or sick, please don't lick!"

"Wash your hands like you just got done slicing jalapeños for a batch of nachos and you need to take your contacts out," the message reads. "That's like 20 seconds of scrubbing, y'all."





Tks. OJ

### Dog Days of Summer (from the Farmers' Almanac)

We often hear about the “dog days” of summer but few know what the expression means. Some say that it signifies hot sultry days “not fit for a dog,” others suggest it’s the weather in which dogs go mad. The Dog Days of Summer describes the most oppressive period of summer, between July 3rd and August 11th each year. But where did the term come from? And what does it have to do with dogs?

The phrase is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation Canis Major, the Greater Dog.

This is why Sirius is sometimes called the Dog Star.

In the summer, Sirius rises and sets with the Sun. On July 23rd, specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun’s warmth, accounting for the long stretch of sultry weather. They referred to this time as *di s canicular r s*, or “dog days.”

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun—July 3 to Aug. 11.

**Chemo Brain** is a common term used by cancer survivors to describe thinking and memory problems that can occur during and after cancer treatment. Today, those same problems can also be referred to as **COVID Brain** as they have several of the same signs and symptoms:

- ) Being unusually disorganized
- ) Confusion
- ) Difficulty concentrating
- ) Difficulty multitasking
- ) Feeling of mental foggiess
- ) Short attention span
- ) Short-term memory problems
- ) Taking longer than usual to complete routine tasks

Any of this sound familiar? Here are a few COVID Brain experiences from some of our members.

"I attended a Zoom meeting at home with several other people. Someone's dog started barking. Then my dog started barking. Then everyone's dog started barking. We all lost it laughing and the meeting host had to apply global mute. It took a few minutes to get things back under control. It was officially the best meeting ever!"

"I love books. I am a voracious reader. But since this craziness began, I have a very short attention span. I haven't been able to concentrate on anything other than mindless TV shows and magazines."

"Why did I *seem* to run the dishwasher *every* other day? Why did I *seem* to change my hearing aid batteries every third day? Kept asking myself these puzzling questions. When my husband commented, "You change your "ears" (that's what my g-kids call my hearing aids) so often...are the batteries going bad?" That did it. Being the fiscal conservative that I am I decided to determine whether or not I had bought a bad set of hearing aid batteries; if they were faulty, I'd go back to Costco and demand my money back. So, I began to write down on my calendar each date and into which ear/hearing aid I put a new battery. And WA--LUE...the batteries lasted the normal week, 7, seven, days, just like they always had. Mystery solved: now I know *why* it seemed like various mundane activities were happening *so often*.... it's because *every day is so much like every other day*~~!! Have you had that weird feeling?"

"Yes, I have short-term memory problems. So what? Who doesn't these days? I feel better since I just read that according to some studies, walking through doors can create memory lapses. Psychologists believe that this is because when people walk through a door from one room to another, the transition indicates to the brain that the scene has changed, and all information gathered in the previous room or scenario is no longer needed. I feel soooo much better."

**Everyone has a photographic memory.  
Some people are just out of film.**

## National Day of the Cowboy

July 25, the fourth Saturday of the month is **National Day of the Cowboy**. It was created in 2005 to preserve the role and contributions cowboys and cowgirls made to the western heritage and history of our country. Every year on this day, the NDOC gives recognition awards to individuals, organizations and projects that contribute to the preservation of both pioneer history, and the promotion of cowboy culture.

Shortly after the Civil War, cowboys and cowgirls began to appear in America's heartland and the wild west. They were largely ranchers and ranch hands, raising cattle, horses and other animals. Cowboys herded them across the plains to feed the animals, and ultimately to slaughterhouses to feed a growing American population.

It was a wild and often lawless time. In the absence of the rule of law, Cowboys developed their own code to live by, known as the "Cowboy Code of Conduct" or the "Cowboy Code of Ethics". They were simple and logical rules of behavior. The rules could readily apply at any time, even today.

### Cowboy Code of Conduct

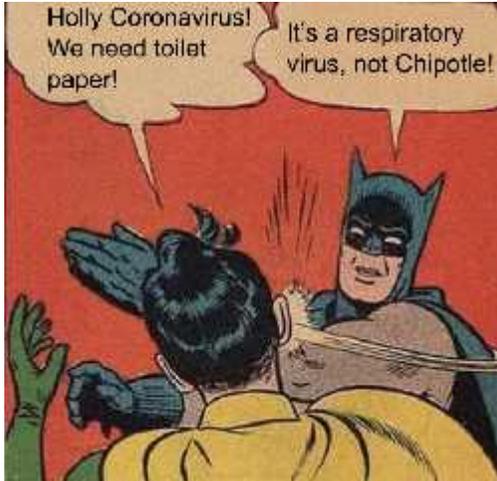
- ) Live each day with honesty and courage.
- ) Take pride in your work. Always do your best.
- ) Stay curious. Study hard and learn all you can.
- ) Do what has to be done and finish what you start.
- ) Be tough, but fair.
- ) When you make a promise, keep it.
- ) Be clean in thought, word, deed, and dress.
- ) Practice tolerance and understanding of others.
- ) Be willing to stand up for what is right.
- ) Be an excellent steward of the land and its animals

The U.S. Senate has recognized *National Day of the Cowboy*, and the impact cowboys have had in our country's history.

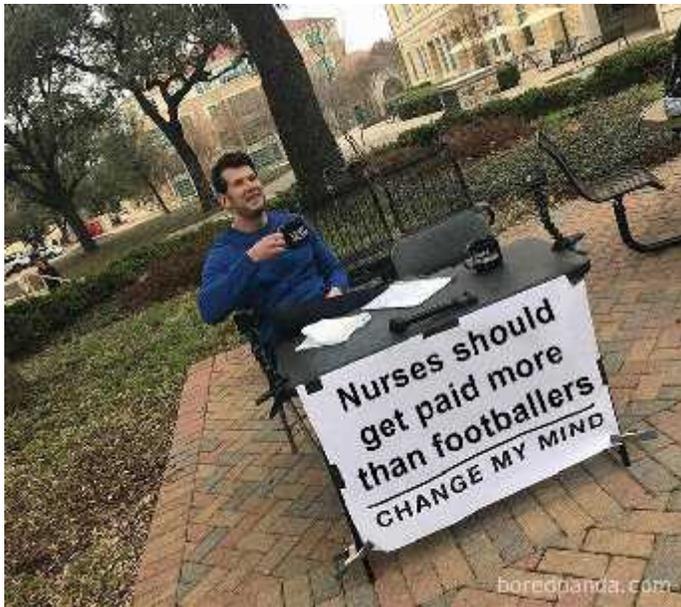
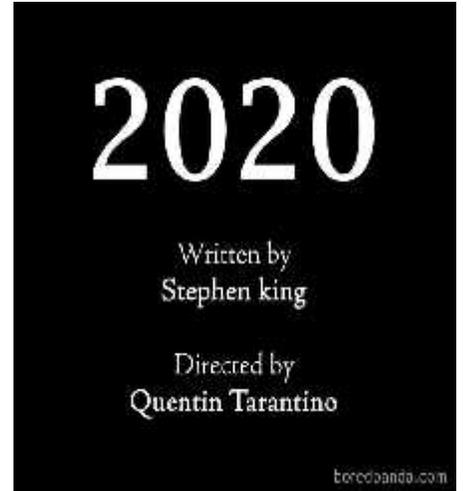
Will Rogers, who died in a 1935 plane crash in Alaska with bush pilot Wiley Post, was one of the greatest political country/cowboy sages this country has ever known. Some of his sayings:

- Never slap a man who's chewing tobacco.
- Never miss a good chance to shut up.
- Always drink upstream from the herd.
- If you find yourself in a hole, stop digging.
- The quickest way to double your money is to fold it and put it back into your pocket.
- There are three kinds of men: The ones that learn by reading. The few who learn by observation. The rest of them have to pee on the electric fence and find out for themselves.
- Good judgment comes from experience, and a lot of that comes from bad judgment.

### "COVID Comics"



Commerative jewellery to always remember 2020.



**DUI check point  
Corner of hallway &  
kitchen!!!**

## For Your Funny Bone!

The spread of Corona virus is based on two factors:

1. How dense the population is.
2. How dense the population is.

Uh, you wrote the same thing twice. What's the other one?

You're #2!

\*\*\*\*\*

Take comfort in the fact that when this is over, we'll learn absolutely nothing and carry on as if it never happened.

\*\*\*\*\*

Not to brag, but what a great time to be childless!

\*\*\*\*\*

Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly. Today I'm putting the cockroach in the bathroom.

Newsletter articles are due the by the 15th of each month. Drop them in Jan McPherson's mailbox at the Cast Off or mail/email them to her at PO Box 2859, Mammoth Lakes, CA 93546, scoutdj1967@gmail.com

## Bon Appétit!

Love cheesecake but it's too hot to turn on the oven? Try this no-bake version.

### No-Bake Chocolate Cheesecake

Crust:

25 Oreos, processed into fine crumbs  
1/4 cup unsalted butter, melted

Cake:

1 1/2 cups heavy cream  
1 cup powdered sugar  
1 teaspoon vanilla extract  
24 ounces cream cheese, softened  
1/2 cup granulated sugar  
1 1/2 cups dark chocolate, melted and cooled

Ganache:

1 cup dark chocolate, coarsely chopped  
1/4 cup unsalted butter

Grease base and sides of a 9" springform pan. Set aside. Stir together Oreo crumbs and melted butter until all crumbs are moist. Press into pan and refrigerate.

Whip cream until it starts to thicken. Add powdered sugar and vanilla and whip until stiff peaks form.

In another bowl, whisk together cream cheese and granulated sugar until smooth and combined. Add the cooled chocolate and mix until combined. Gently fold in whipped cream.

Spread mixture evenly over the chilled crust and smooth top. Refrigerate at least 6 hours, preferably overnight.

Microwave remaining chocolate and butter together in 20 second intervals, stirring after each one until melted and smooth. Cool for at least 5 minutes then spread over cheesecake. Chill until ready to unmold and serve.

Enjoy!



## Dates to Remember

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June 30, Tuesday	Volunteer Hours Due or will go to next fiscal year Last Day of Fiscal Year
July 1, Wednesday	Start of New Fiscal Year – Membership Renewals Due
July 2, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
July 4, Saturday	Independence Day
July 8, Wednesday	MHA Board Meeting, 10:00 a.m. at the Cast Of Annual Meeting & Election of Board & Officers, 11:00 a.m. at the Cast Off
August 6, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
August 11, Tuesday	MHA Board Meeting, 10:00 a.m. at the Cast Off
August 17, Monday	National Thrift Shop Day
August 31, Friday	Cast Off Work Day, 10 a.m.



**Mammoth Hospital Auxiliary**  
**P.O. Box 1399**  
**Mammoth Lakes, CA 93546**

