

Mammoth Hospital

Support Groups



Cancer Support Group

Meets 1st and 3rd Wednesday of each month from 12:00 -1:00

Grief Support Group

Meets 2nd and 4th Wednesday of each month from 12:00-1:00

We all experience change that triggers transitions in life requiring us to redefine ourselves bridging our past to our future. A support group provides a venue to discuss experiences, share ideas and provide emotional support to one another.

**You are not alone.
If you would like support, please join us.**

All groups are hosted in the chapel by the main entrance of the hospital.

For more information, please contact Karen Phillips, Human Services / Spiritual Care Coordinator.

760-924-4015 or email Karen.Phillips@mammothhospital.com.