



## PROSTATE BIOPSY INSTRUCTIONS

We are scheduling you for a biopsy of your prostate. It is very important for you to prepare for this procedure. If you are unable to follow the instructions below, please inform the clinic, as it may be necessary to reschedule your appointment.

- No aspirin, Coumadin or blood thinning products for one week prior to your biopsy
- Drink Magnesium citrate 2oz (equals 1/4 cup) every one hour, until you have two good bowel movements on the day before your biopsy. Drink only clear liquids when completed.
- Start taking the prescribed “pre-biopsy” antibiotic the day before your appointment, or as directed on the prescription bottle. (A prescription will be sent your designated pharmacy)

After your Prostate Biopsy, you may experience:

- Blood spotting at the tip of penis
- Blood in the urine
- Blood in semen
- Blood in your bowel movement

Contact the clinic at, 760-924-4102 if you have a temperature greater than 101.5, if you are unable to urinate, or you have other questions or concerns. Thank you for entrusting Mammoth Hospital Specialty Clinic, Urology Services with your care.