

DO 1 THING

GOAL FOR MARCH: Be Prepared for Emergency Sheltering

Make a Go-Bag for Emergency Sheltering



Emergency shelters will be open when people are displaced from their homes. In most areas emergency shelters are operated by the American Red Cross.

❖ Red Cross will provide:

- A cot to sleep on and blanket
- Meals and bottled water
- A nurse for basic medical care
- Information about the disaster from public officials



❖ You may need to bring:

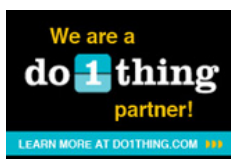
- Pillow and blanket
- Your own medication and medical supplies (or a list of what you are taking, dosage, and physicians' names)
- Identification
- Change of clothes
- Cards or magazines
- Comfort items

❖ Items not allowed at the shelter:

- Weapons
- Alcohol/Drugs
- Pets (except for service animals)



The Red Cross will never provide information about you to anyone without your permission. There is never any charge for emergency sheltering.



Check out this link for more information and help getting prepared:
<http://do1thing.com/audiences/individuals>