



Name: _____ DOB _____ Age: _____

Current Weight: (lb) _____ Current Height:(in) _____ Ethnicity: _____

- 1. Have you had a previous hip or vertebral fracture? Yes _____ No _____
- 2. Have you had any fractures during your adult life which did not result from significant trauma (e.g., auto accident) Yes _____ No _____
- 3. Did either of your parents ever have a hip fracture? Yes _____ No _____
- 4. Do you smoke? Yes _____ No _____
- 5. Have you taken Glucocorticoids? Yes _____ No _____
- 6. Have you be diagnosed with Rheumatoid Arthritis? Yes _____ No _____
- 7. Do you have secondary osteoporosis? Yes _____ No _____
- 8. Do you drink 3 or more alcoholic drinks per day? Yes _____ No _____
- 9. Are you being treated for osteoporosis? Yes _____ No _____

10. Have you ever taken any of the following medications:

- | | |
|---|--|
| <input type="checkbox"/> Actonel (i.e. risedronate) | <input type="checkbox"/> Boniva (i.e. ibandronate) |
| <input type="checkbox"/> Evista (i.e. raloxifene) | <input type="checkbox"/> Forteo (i.e. parathyroid hormone) |
| <input type="checkbox"/> Fosamax (i.e. alendronate) | <input type="checkbox"/> HRT (i.e. estrogen/hormone therapy) |
| <input type="checkbox"/> Miacalcin (i.e. calcitonin) | <input type="checkbox"/> Protelos (i.e. strontium ranelate) |
| <input type="checkbox"/> Reclast (i.e. zoledronate) | <input type="checkbox"/> Prolia (i.e. denosumab) |
| <input type="checkbox"/> Vitamin D | <input type="checkbox"/> Calcium |
| <input type="checkbox"/> Other – Please specify _____ | |

11. Do you have any of the following medical conditions:

- | | |
|--|--|
| <input type="checkbox"/> Anorexia or Bulimia | <input type="checkbox"/> Any Seizure Disorders |
| <input type="checkbox"/> Asthma or Emphysema | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> End Stage Renal Disease | <input type="checkbox"/> Inflammatory bowel diseases |
| <input type="checkbox"/> Hyperparathyroidism | <input type="checkbox"/> Hysterectomy |

- 12. What was your maximum height in inches? _____
- 13. Do you perform weight bearing exercises regularly? Yes _____ No _____
- 14. Do you regularly consume dairy products? Yes _____ No _____
- 15. Do you drink caffeinated beverages? Yes _____ No _____

If female:

- 16. At what age did your first period start? _____
- 17. Are you premenopausal? _____ If postmenopausal, at what age? _____
- 18. How many full term pregnancies have you had? _____
- 19. Have you Ever missed your period for more than 6 months in a row (not including pregnancy or menopause)? Yes _____ No _____