

DO 1 THING GOAL for MAY: WORK, SCHOOL, AND COMMUNITY

Make sure the people who count on you are prepared for a disaster.

Disasters can happen at any time.

- If you are away from home do you know where to find safe shelter locations?
- Do you know what the emergency procedures are for your child's school or for your workplace?
- Will people who count on you know what to do if you can't reach them?
- Know how to make sure you and your loved ones are safe in a disaster, no matter where you are.



Ways to be safe at work and school:

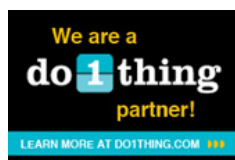
- Make sure evacuation routes and meeting places are marked on a map and posted in the building.
- Hold emergency training and drills at work and for your family.
- Help create an emergency kit for the facility.
- Know where Emergency Tools are: fire extinguishers and Automatic External Defibrillators (AEDs), etc.
- Learn About Emergency Plans: Find out if your community has designated evacuation routes for earthquakes, wild fires or other disasters.



Give emergency kits to people who count on you.

Put together basic emergency kits for people who may not be able to do so for themselves or for those who may not think of doing it for themselves (college students, young adults, elderly parents, etc.). Make sure the kit meets their specific needs.

Make sure that the plans you develop will work for everyone.



Check out this link for more information and help getting prepared:
<http://do1thing.com/audiences/individuals>

****MAKE TIME and GET STARTED TODAY! You will be glad you did.****