

A NEW YEAR TO PREPARE *2016*****

NOW is the time to prepare for a great year ahead. Consider the following action plans before the start of 2016!!

Form a Support Network with Friends and Neighbors

1. Meet with your family to decide on a meeting spot away from your home.
2. Ask an out-of-the-area friend or family member to be your "family contact". Everyone should contact that person in an emergency to assure everyone is okay.
3. Contact your neighbors and friends in close proximity to your home to share contact information and form a support network. They could help you and you could help them in an emergency.
4. Make sure everyone has access to emergency support phone numbers.



Prepare your family (Older Adults, Kids, Special Needs and Pets).

1. Make sure everyone helps with the creation and knows your emergency plan (for kids check out: [Ready Wrigley](#)).
2. Prepare water, food, first aid/medications, and clothing for all.
3. Know special needs for senior family members, kids, and those with disabilities.
4. Remember your pets – water & bowl, food & bowl, bedding, leash, medication.



****MAKE TIME and GET STARTED TODAY! You will be glad you did.****