



**Celebrating 50 Years!**  
**1968 — 2018**

# Volunteer's Voice

**April 2018**

*Mammoth Hospital Auxiliary is a fellowship of volunteers dedicated to supporting each other, the hospital, its patients and the community.*

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## Treasurer's Report

**Diane Beglau**

February 1—28, 2018

### Revenue:

Cast Off	20,012.19
Rental	1,218.29
Contributions	68.00
Interest \$ Mkt	<u>4.93</u>

**Total Revenue: 21,303.41**

### Expenses:

Cast Off	5,250.30
Newsletter	<u>39.43</u>

**Total Expenses: 5,289.73**

**Net Income: 16,013.68**

### Union Bank Ending Bal:

**118,390.75**

### Premium Money

**Market Bal: 80,436.59**

## President's Message — Judy Bornfeld

Greetings to each one of our Auxiliary members and friends...

YES, IT SNOWED AND IT'S BEAUTIFUL! Also, yes, it's SPRING and the beauty of Spring will be popping up all over where we least expect it!

This past month the Mammoth Hospital Auxiliary was invited to a very exciting meeting and a new adventure for us with the Hospital. "How to create better communication and increase awareness between the Hospital and the Auxiliary." Jan McPherson gathered our MHA important data and history and put together a packet to share with the Hospital staff that we were meeting with. This way they had some idea of our history and background. Jan, thank you. It made a world of difference in the outcome of our meeting. They became aware of who and what we are. Our meeting became an incredible and productive discussion with Gary Meyers, Hospital CEO, Sarah Vigilante, Human Resources Manager, Talene Shabanian, Mammoth Hospital Foundation Coordinator, Jan McPherson, Lorrie Gould and Judy Bornfeld.

Since this meeting, the talented and creative Talene has taken this project of educating, not just the hospital but the schools as well, up to and beyond the next level. See more on page 8. Please take the time to read what she has created for both the Hospital and MHA. Talene is a real gift! Also, this is an incredible time for one our talented members to step-up and become a very big part of our team, a "Publicly Chair."

"THINK PINK" Saturday is next week, March 31, 11a.m. - 3 p.m. at the Cast Off. Remember, all income from the last

Saturday of each month goes toward the new 3D Mammogram Machine for our Mammoth Hospital. Next dates are Saturday, April 28, Saturday, May 26, and Saturday, June 30. So far, on the first and second Saturdays that we held this special "THINK PINK" Saturday Fundraiser, we took in \$4,200. Just think, for six Saturdays, we could raise an additional, \$13,200 for this lifesaving 3D Machine for our Community!!!

The AED/CPR Workshops that Kathy Romagnino has been putting together for us have been very helpful and easy to understand. We have another one coming up on April 26 at the Hospital. More info on page 5.

Mark your calendar for our MAMMOTH HOSPITAL AUXILIARY BLOOD DRIVE, MAY 8, 9 and 10, Tuesday, Wednesday and Thursday.

Our next Friday Pizza & Cast Off Work Day will be Friday, March 30, 10 a.m.

I personally, and the Mammoth Hospital Auxiliary Board, want to extend our special appreciation to each of you for all that you've done to step up and do more than imaginable to keep the Cast Off running so very smoothly and maintaining a beautifully appointed, handsome and exciting top-notch place of business to be so very proud of. To be able to greet our customers with a smile and "How may we assist you?" is priceless.

You're beautiful. It's who you are. It's what you do. THE CAST OFF AND YOU ARE THE CREAM OF THE CROP

You're the very best of the best... Thank you for each of you... Judy

## Hospital News — Gary Myers, CEO

### Medical Staff

*Orthopedics:* We are grateful for the miraculous survival of Dr. Mike Karch who was hit from behind and run over by both axles of a large pickup truck while riding his road bike near his home in Virginia. While suffering multiple orthopedic injuries, Dr. Karch is already out walking and preparing to come to Mammoth next on March 13 to hold ½ day clinics. He will wait until at least April to return to the O.R. He is quite amazing.



*Pediatrician locums:* We welcome Dr. Ed Kody, a very experienced and amiable pediatrician who will be with us for the next 6 months filling in for Drs. Salisbury and Collins for their planned leaves.

*Psychiatry:* We interviewed a very interesting psychiatrist who has experience in an academic setting as well as private practice with pediatric and adult patients in both the inpatient and outpatient settings. He describes himself as a generalist. He and his wife are familiar with our area and plan to pay a visit in late spring to further explore our opportunity of full-time practice here in the Eastern Sierra. He is very excited about the concept of building an integrated primary care behavioral health program here.

*Mass Casualty Call-out:* We had a wonderful response from medical staff and hospital staff on Saturday March 10 when we were notified by Mammoth Mountain of a large avalanche with possible mass casualties. Our emergency response call-out system was activated by the Emergency Department and multiple physicians, nurses, and other staff responded very quickly despite the severe weather. Fortunately, we were able to call off the emergency response at 12:30 PM when no one was found missing or severely injured. These incidents highlight the professionalism and dedication of our people!

### Facilities

*Relocation of Senior Administration Offices (SAO) occupants:* Work is progressing at a good pace on refurbishing office spaces to accommodate the relocation of occupants of the SAO. Moves will be complete by the end of March.

*MRI:* We have a kickoff meeting with Canon Medical on the MRI project coming up at the end of March.

### Finance

*February results:* We had another very positive month due to high visitor numbers in town and an extended school

break calendar in southern California. Lodging reservations have picked up dramatically for the next couple of weeks thanks to the recent abundant snowfall.

## Sunshine Update – Judy Bornfeld

Welcome to your Mammoth Hospital Auxiliary Sunshine Column. We like to keep on top of supporting, caring and encouraging our members and friends and to let them know that we care and are there for them. Also, we are sending our most positive thoughts for healing and speedy recoveries. Each month we continue to send our best to those that are under the radar or we haven't been informed of yet. In addition, I know some of us prefer not to have our names mentioned. I do understand and will honor your wishes.



Actually, I have a couple of apologies to make—to Diane Boccia and Robin Connors—for my last month's description of their injuries. Never heard of "roller cuff" injuries? Well no wonder. They are actually "rotator cuff" injuries. I sure hope we enjoyed a smile or two. Also, I sure hope your healing is progressing well. I understand, Diane Boccia's husband, Rich, is going to be having back surgery down south. Sending the best for a very speedy recovery. So far this month all I have heard of is that Susy Fontana has injured her foot or ankle or both! Ouch! So, for sure no skiing, her favorite winter sport. Good luck, Susy, and wishing you a speedy recovery. I saw Louray McGrate the other day and she just gets stronger and stronger. Good going Louray.

We are continuing to send our most positive thoughts and prayers to Sandy and Scott McIntosh while Sandy is going through cancer treatments. Also, it is with great sadness, that we are sending our condolences and prayers to Scott and Sandy as Scott has just lost his mother. These recent past months have been a very difficult and trying time for them, as Scott just lost his Dad only a few months ago. So we are sending EXTRA caring and support for you and your family. We are there for you.

P.S. I've just completed my forth and last chemo treatment, Yeah!!! I'm delighted I was able to do this part of my journey here at home. And the bonus is, the chemo is doing it's job and I'm going to be back to normal, whatever that means:)))) I'm looking forward to seeing my oncologist at Cedars Sinai next week. I know realistically that tests, answers and results always take longer than one wishes. Thanks for your unwavering support and caring. It's meant the world to me and my family. Xoxox

## Ring the Bell



“**Ring the bell**” at the last of my chemo treatments. It’s a tradition at some places w/chem & radiation to celebrate the end of this part of one’s cancer journey. Lisa Marusicz, is Mammoth Hospital’s Infusion Nurse, and a real asset to the Hospital and people that she cares for.

## Blood Drive — Darlene Joerger

It’s “Blood” time again. Mark your calendars for May 8, 9 and 10. I need all you volunteers to come help us out as well as bakers to make lots of cookies for the donors. Signup sheets will be going up shortly at the Cast Off so please, everyone, sign up!

**It takes a team to put this on and I need YOU!**



**TUESDAY – THURSDAY  
MAY 9-10, 2018**

**BLOOD CANNOT BE MANUFACTURED –  
IT CAN ONLY COME FROM  
GENEROUS DONORS!**

## Blood Facts

An average adult body contains approximately 1.2 to 1.5 gallons of blood although a newborn baby has only about one cup of blood in its body.

Every two seconds someone in the U.S. needs blood which means approximately 36,000 units of red blood cells are needed every day in the U.S. The average red blood cell transfusion is approximately 3 pints although a single car accident victim can require as many as 100 pints of blood.

The blood type most often requested by hospitals is type O. Mosquitoes prefer type O blood to the rest, but aren’t picky in a pinch. Only the female mosquitoes drink it. Males are vegetarians.

Type O negative donors are universal red cell donors as their blood can be given to people of all blood types. It is always in great demand and often in short supply. Only 7 percent of people in the U.S. have type O negative blood. Type O negative blood is needed in emergencies before the patient’s blood type is known and with newborns who need blood.

Type AB positive plasma can be transfused to patients of all other blood types. AB plasma is also usually in short supply. Only 3 percent of people in the U.S. have AB positive blood type. AB positive type blood is often used in emergencies, for newborns and for patients requiring massive transfusions.

A healthy donor may donate red blood cells every 56 days. All donated blood is tested for HIV, hepatitis B and C, syphilis and other infectious diseases before it can be released to hospitals. Most donated red blood cells must be used within 42 days of collection so new donations are constantly needed. Healthy bone marrow makes a constant supply of red cells, plasma and platelets so the body will replenish the elements given during a blood donation – some in a matter of hours and others in a matter of weeks.

It only takes 20 to 60 seconds for a drop of blood to travel from the heart, through your body, and back to the heart again. Over the course of your lifetime, your heart will pump enough blood to fill two hundred entire train cars full of blood. This is equivalent to approximately one and a half million barrels of blood that is produced from one person.

Swedish blood donors first receive a “Thank You” text when they initially donate blood, **but they also receive a text whenever their blood is used to help someone.** What a lovely gesture!

## What's Happening @ the Cast Off?



### Cast Off Update

Following are highlights of the March Cast Off Committee Meeting:

- ⌋ The Automated External Defibrillator (AED) has been installed and another training session was held March 8. More will be conducted as needed.
- ⌋ The AED needs to be checked regularly to make sure the battery is charged. It will be checked weekly on Monday.
- ⌋ Customers have commented that our signage can't be seen from Old Mammoth Road and the store is difficult for visitors to find. We will pursue improving our signage. A "feather" flag in front of the store is a possible solution as it waves in the wind and could be seen from Old Mammoth. It can be put out each morning and brought in each night. Also, if someone calls to ask for our location, telling them we're next door to the Bowling Alley usually works.
- ⌋ High priced items should be hung on the rack or placed on the shelves behind the front counter. There is a sign that says "STOP: Customers not allowed behind counter. Please ask for assistance."
- ⌋ We will continue to save eye glasses for the Lions Club. Place them in the marked box in the Back Room. We're making arrangements for someone from Lions to pick them up periodically.
- ⌋ Make sure baking pans are complete and tape all parts together. There have been springform and angel food cake pans put out with the bottom pieces missing.
- ⌋ There are snowshoes in Katie's Korner marked \$75. DO NOT reduce the price of these or other items in Katie's Korner without first checking with Patti. As stated in the Cast Off Handbook, if an item has been in there for a VERY long time, the Day Chairman

may reduce the price by a small amount, usually 20-25%.

- ⌋ Remember to date the tan price tags on items so we know how long they've been out on the floor. This helps determine if we should put them on sale.
- ⌋ Please check with the Day Chair before changing the price of any item - that means raising or lowering it.

### From the Day Chairs & Co-Chairs

#### Monday—Karen Curry

Since President's Day always falls on a Monday, we celebrated the special day with a potluck luncheon. Both Jan and Shirley made pies, cherry and lemon meringue, very traditional and delicious, too! We also celebrated Barbara Brown's birthday recently. Gisela has returned to sunny southern California so we shall miss her. Monday Crew also extends happy get well wishes to Judy who has just completed her fourth and final chemo treatment. We send hugs and kisses to Judy!

#### Tuesday—No report this month

#### Thursday—Sharon Clark

Do you remember Thursday, Feb 22? Pat Smoogen, Gail Miller and I do. Temperature was 5\* and wind was whipping snow in a veritable frenzy. We *thought* we were 'staffed' o.k. but soon realized the wind/snow/temp kept some Volunteers home. Patti and Al were outta town; Carolyn was on crutches. You've all been short-staffed. Pat, Gail and I soldiered on thinking that customers would NOT venture outside in these awful winter conditions *just* to shop at CO. WOW...were we wrong. As customer plus customer kept coming thru both the front door and the donation back door, we were dumbfounded. I asked them: "What could possibly make you come outdoors today?" Responses time and again: "I'm not gonna ski and suffer frost bite~!~~wind chill is -20\*."

Pat, without you at Cash Register, we would not have gotten thru the day. Thank you 1000 times Pat. And Gail...we think you've actually got a secret hide-out upstairs because you're Day Chair on Sat...come again on Tues and Thurs. You have, indeed, been **consumed** by Cast Off. We are grateful and think you're positively tireless. Then the next Thurs, March 1, a March Magic 'blizzard' canceled our Day Chair's meeting. But brave Gail O'Sullivan and I stayed as long as we felt it was safe. We closed CO 15 minutes early in hopes of eventually getting home. Again, Gail O, without you, I would never have survived. Y'all are the 'bestest'.

**Saturday—Karen Curry**

Saturday notices that donations have tapered off a bit and we're grateful for a little less workload on our big day. We thank Pat Smoogen for adding those little foam self-stick grippers to our hangers, keeping shirts and sweaters from sliding off! It makes it so much easier when hanging clothes and also straightening up the clothing out in the store. Saturday also thanks Thursday Crew for getting all of the Easter items down from upstairs and putting them out! We are happy and thankful for finally getting some snow and being able to sell all of the snow pans and sleds, too.

**Shepherd's Flock**—No report this month

**Katie's Korner — Patti Heinrich**

February Sales were \$1,067.00.

**CPR Training for Auxiliary**

Many of you have expressed a desire to learn CPR but the time (3+ hours) has been a deterrent. Kathy Romagnini, Education Coordinator at the Hospital will be doing a 1-hour Family & Friends CPR course just for the Auxiliary so here is your opportunity to learn this lifesaving procedure. It will be Thursday, April 26, from 9-10 a.m. in Mammoth Hospital Rooms A & B.

The **Family & Friends CPR** course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible.

Family & Friends CPR is for people who want to learn CPR but do not need a CPR course completion card to meet a job requirement. This course is ideal for community groups, new parents, grandparents, babysitters, and others interested in learning how to save a life.

**Features**

- )] Uses AHA's research-proven practice-while-watching technique, which improves learning and retention
- )] Classroom format works well for learners who prefer group interaction and feedback while learning skills
- )] Each student receives high-quality course materials for ongoing reference

Kathy needs to know how many will be attending so she can have enough manikins set up and enough materials. A signup sheet will be posted at the Cast Off.



**Birthdays for April**

- 4/2 Ilene Nevins
- 4/3 Duane Buchholz  
Gary Myers
- 4/4 Maria Garcia
- 4/10 Frank Hope
- 4/15 Sharon Clark
- 4/16 Jan McPherson  
Sean Plunkett
- 4/20 Marian Guder
- 4/22 Jan Morin
- 4/30 Robyn Howley

**Membership**

Our dear Bonnie Zwart has moved to the Bishop Care Center as of January 29. Her address is :  
Bishop Care Center  
151 Pioneer Lane Room 111A  
Bishop, CA 93514

She would enjoy visitors and cards. Bonnie turned 92 on January 12!!!

**Nominating Committee — Karen Curry**

Every spring about this time, the Nominating Committee is formed by the Immediate Past President in order to fill important positions on the Board. The Committee is comprised of Karen Curry, Lorrie Gould and Gail Miller. The position that needs to be filled at this point to round out the MHA Board for 2018/2019, beginning July 1, is Treasurer. If you would like to serve this wonderful organization by being a Board member, please contact one of the Committee members; call Karen at (760)914-1098, or leave a note in her mailbox at the Cast Off.

## History of The Cast Off

Last month's newsletter contained Jeanne Standley's history of the Auxiliary. Once again we have Jeanne to thank for recording the history of our Cast Off.

### 1979: The 1st Cast Off—A Trial Run

After the opening of our hospital in 1978, we knew we needed greater funds. In February 1979, the idea of a thrift shop was born. In June 1979, we opened for the summer months in a store occupied in the winter by the "Ski Renter" located directly behind the Shell Station at Main Street and Old Mammoth Road.



In September 1979, we reviewed our progress and the value of our "trial thrift shop." We knew we had found a wonderful source of funds for our Auxiliary, now known as Mammoth Hospital Auxiliary, to fulfill our commitment as stated in our new by-laws "to provide life-saving equipment to our newly opened hospital." Now what to name it? Many typical names were suggested, e.g., "Second Time Around," etc. We decided to work around what our area is noted for -- skiing. Dr. Eckert, who was at the original meetings about the need for a hospital, came up with the idea of a CAST which had been taken OFF of a patient. We voted unanimously in favor of this idea. The Cast Off became our official name.

### 1980: The 2nd Cast Off—A Home of Our Own



The second Cast Off was a rental at the A-frame which later became Gomez's (AKA Fuzz's Place for you old timers). Dr. Eckert used his 10 year-old son, Greg and made a cast of his leg. It was then framed and hung in our building in along with the gold shovel that was used in the hospital ground-breaking in 1976. Unfortunately, when we moved into our own building in 1984, these memorabilia were lost. But the name, The Cast Off, has become well known as it provides a needed service to our locals, our seasonal workers, and our visitors, both summer and winter.

### 1983: The 3rd Cast Off—Our Very Own Building & We Own It!

On May 18, 1983, we held our first ever "Building Committee" meeting which included all executive officers of Mammoth Hospital Auxiliary and two members of the Southern Mono Hospital Board. Interestingly enough, they were also Auxiliary members. In doing this we created a joint effort. In January 1983, we had formed a "Construction Committee" to obtain information regarding all aspects before beginning our project. This included obtaining permits, need for public hearings, etc. All checks would be signed by one member of each Board. Many meetings were held to work up our preliminary costs which, at the final conclusion, showed us we were considering a commitment of \$150,000.00.

After public hearings, Southern Mono Hospital Directors parceled off one acre of their existing 10 acres to Mammoth Hospital Auxiliary. Our ground lease stated that, if for any unforeseen reason our Auxiliary disbanded, the building would then become part of SMHD together with the land. As a public entity they had to charge us \$1.00 per year rental fee.

Now we were ready for financing. Our Auxiliary Executive Board notified the hospital that no equipment would be forthcoming for the next year until completion of our building as we would direct all our income to this project. Our cost projection of \$150,000.00 had been kept so low due to the generosity of our local contractors in giving us bids of labor and material only, and donating their profit portion to us. In addition, much pre-work was donated, e.g., Dave McCoy of Mammoth Mountain provided men and equipment to grade down our knoll for placement of the building, and Tom Dempsey hauled away all the excess soil. Groundbreaking ceremonies for our new Cast Off building took place on July 16, 1983.

Then, near the end of construction, our funds were near depletion. After making inquiries regarding a loan to complete the project and the costs involved, five of our Auxiliary members came forward to the rescue: Norton, Nevins, Tillotson, Melton, and Standley. Finally completion of our building and parking lot was in sight and we opened in June 1984.



After opening in June 1984, these members were all paid in full within one year of issuing the personal loans. What a successful venture this has been with all the volunteers helping! We now make as much in a day as we originally made in a month in our early days.

Over the years we updated The Cast Off by painting inside and out, re-carpeting, enlarging the parking lot and purchasing a "Tuff Shed" for outside. But we needed a larger store. After 21 years we outgrew our third Cast Off. Fortunately, we had \$405,315.00 in savings for a future Cast Off expansion or a new building.

#### **2005: The 4th Cast Off—A New & Larger Location!**

We finally were able to purchase and move into a new building in December 2005. As if it was meant to be, the Body Shop Gym was offered for sale. After many ups and downs the sale was finally completed. The Hospital District purchased our old Cast Off building, parking lot and lease. With those profits and our savings, we were able to buy our own building and own the land. We moved in December 1, 2005, and opened our doors to the public December 15, 2005.



We've been very busy ever since. August 2006 was our biggest Cast Off month in history bringing in \$30,708.22. On August 9, 2006, we celebrated the move to our new location by inviting the entire town to an Open House and Customer Appreciation Party. We are so well known that we now have customers who have moved away from Mammoth Lakes (Colorado, Arizona, Utah, etc.) but their first stop when returning is The Cast Off for necessities!

## **She's A Rebel**

Last month it was suggested that since we're celebrating our 50th anniversary this year, it would be nice to celebrate the history of some of our own members in future issues of this newsletter. Of course the only person who responded came as no surprise. She's a **REBEL** and proud of it. Here, in her own words, is her history. Can you guess who she is? Name on page 10.



I grew up in Austin, TX: got married in 1958 (we celebrate 60 yrs in July); moved to New Haven, CT, where my husband was beginning graduate school. I was a college Junior and HAD to get my Master's degree to begin teaching; had to earn money to support us while my husband got his PhD. I simply could NOT get pregnant. But CT law dictated the use of contraceptives was illegal. The OB-GYN that I went to for contraceptive pills was leery to prescribe pills for me because he would be breaking the law and could be arrested. He was afraid I was a police informant, a SPY! Finally, I convinced him I just needed pills. Such a state law, similar only to Massachusetts and Utah, dictating whether or not I would get pregnant angered me. Immediately, I joined Planned Parenthood and began protesting the law. Our PP meetings were picketed; we were called whores, prostitutes or worse.

In order to *change* the state law, to get it declared *unconstitutional*, we had to open a PP clinic, openly *break* the law and be arrested. Our case went to the Supreme Court. It was fun and exciting to be a part of this landmark decision by the Supreme Court who ruled for women and against CT. Go to: <http://www.newsweek.com/revisiting-landmark-birth-control-ruling-fifty-years-339559>.

In 1965, I ran a PP clinic in a poverty area of Trenton, NJ, teaching poor women how to use contraceptives. As I listened to their woes about 'failed' contraceptives, I began to learn about the illegal abortion racket. Watching women die from botched, illegal abortions was more than I could stand. Soon I was lobbying for legal, safe medical abortions. Thank goodness we won that battle in 1973. For 60 years, women's reproductive freedom has been one of my life's passions....along with family, wild places and wild critters.

PS: In 1972, pregnant with our second child, I decided to have a tubal ligation which is a simple surgery right after baby is delivered. My Ob-GYN said it was illegal *unless* I had my husband's permission~~!! Are ya able to imagine my reaction?

## Increasing Auxiliary Visibility

Recently, several of our members have expressed a concern about how little many of the people who work at the Hospital really know about the Auxiliary and what we do, as well as all the equipment we have donated. So, a few weeks ago, Judy Bornfeld, Lorrie Gould and Jan McPherson met with Gary Myers, Hospital CEO, Sarah Vigilante, Human Resources Manager, and Talene Shabanian, Mammoth Hospital Foundation Coordinator to discuss how to create better communication and increase awareness between the Hospital and the Auxiliary. It was a very productive meeting and plans have already been put into motion.

Thanks to Talene, she has created an entire section for the Auxiliary on the Hospital's website. She has included background and history including information about who we are and what we do, the Cast Off hours, all of our donations to date, even a "Think Pink" flyer! There are sections with current issues of the Volunteer's Voice, a request for volunteers and info about our College Scholarship program along with guidelines and an application. Visit the website at [mammothhospital.org](http://mammothhospital.org) and click on "Giving Back" to go the Auxiliary section.

A very big thank you to Talene, Sarah and of course our biggest advocate, Gary Myers!

P.S. Just learned that Talene has also created a flyer requesting new Cast Off volunteers and posted it at the high school, college, and post office.

## Increasing Auxiliary Visibility—Part 2



Remember a few years ago when there was a picture or an article about the Auxiliary in the newspaper every week or so? How long since you've seen any publicity about us?

It's easy to blame the media and say they just ignore us. But that would be untrue. If we don't let them know who we are and what we're doing,

they have every reason to ignore us. It's our own fault that our story isn't getting out there. We do so much for the hospital and the community and we have no one in our organization to work with the media and let them know about it. It has been years since we've had a Publicity Chairman. And we definitely need one!

The job of Publicity Chairman is perfect for someone who likes to work alone on her own time. The job includes establishing a working relationship with local newspapers, radio stations and TV and submitting articles and pictures to them. You don't have to write all the articles yourself. You can enlist the help of other committee chairmen, the day chairmen or any of our volunteers.

Articles can be about who we are, what we do, how we raise funds, various volunteer opportunities at the Cast Off, the hospital and other areas. We're proud of all the equipment we purchase for the hospital and need to let the community know about it, such as how much money is approved for the year and each time a new piece of equipment is purchased. We want to announce when our scholarship applications are available, how much money we award and recognize the awardees. New officers installed each year deserve to be announced. An annual year-end report of our accomplishments including total gifts to the hospital, volunteer hours, scholarships, etc. should be made public. These are things we work hard for and are proud of. Other articles include thank you letters, special fund raising campaigns like Think Pink, disaster relief efforts and requests for new members.

These are just a few of the things we should be publicizing. Getting information out to the public is our job. No one knows about all the Auxiliary does for the hospital and community unless we have someone to tell our story.

Sound interesting? Have a little bit of time to work from home? The internet makes this job so much easier. Please think about it and let Judy or any of the other Board members know if you're interested.

## April is National Volunteer Month

National Volunteer Month is a time to celebrate the work that volunteers do year-round. Volunteerism is instilled at a young age and, in some families, the baton of volunteerism is handed down generation after generation. In many parts of the country, it is the cornerstone of summer vacation or woven into after school programs. Most organizations in small towns, rural counties and even the largest cities would not function without volunteers. Rural fire and ambulance departments remain staffed due to the efforts of volunteers.

Do you know what an hour of your volunteer time is worth? The Washington, D.C.-based advocacy coalition for nonprofits updates the figure annually. The national average has increased to \$24.14 an hour. – up 2.5% from the previous year. In California, the value is even higher than the national average: **\$28.46 per hour!**



## How to Annoy the IRS (Without Getting In Trouble!)

Well, it's tax time again. But no one says you have to go gentle into that dark night. Here are some hints on how to annoy the IRS if you owe them money...

- )] Always put staples in the right hand corner. Go ahead and put them down the whole right side. The extractors who remove the mail from the envelopes have to take out any staples on the right side.
- )] Never arrange paperwork in the right order, or even facing the right way. Put a few upside down and backwards. That way they have to remove all your staples, rearrange your paperwork and re-staple it (on the left side).
- )] Line the bottom of your envelope with Elmer's glue and let it dry before you put in you forms, so that the automated opener doesn't open it and the extractor has to open it by hand.
- )] If you're very unfortunate and have to pay taxes, use a two or three party check. On top of paying with a third party check, pay one of the dollars you owe in cash. When an extractor receives cash, no matter how small an amount, s/he has to take it to a special desk and fill out of few nasty forms.
- )] Write a little letter of appreciation. Any letter received has to be read and stamped regardless of what it is or what it's on.
- )] Write your letter on something misshapen and unconventional. Like on the back of a Vons bag.
- )] When you mail it, mail it in a big envelope (even if its just a single EZ form). Big envelopes have to be torn and sorted differently than regular business size ones. An added bonus to the big envelope is that they take priority over other mail, so the workers can hurry up and deal with your mess.
- )] If you send two checks, they'll have to staple your unsightly envelope to your half destroyed form.
- )] Always put extra paper clips on your forms. Any foreign fasteners or the like have to be removed and put away.
- )] Sign your name in ink on every page. Any signature has to be verified and then date stamped.

These are just a few of the fun and exciting things you can do with the IRS. These methods are **only** recommended when you owe money.

"A fine is a tax for doing wrong. A tax is a fine for doing well." ..... Anonymous

A dad walks into a market followed by his ten-year-old son. The kid is spinning a quarter in the air and catching it between his teeth. As they walk through the market someone bumps into the boy at just the wrong moment and the coin goes straight into his mouth and lodges in his throat. He immediately starts choking and going blue in the face and Dad starts panicking, shouting and screaming for help.

A middle-aged, fairly unnoticeable man in a gray suit is sitting at a coffee bar in the market reading his newspaper and sipping a cup of coffee. At the sound of the commotion, he looks up, puts his coffee cup down on the saucer, neatly folds his newspaper and places it on the counter. He gets up from his seat and makes his unhurried way across the market. Reaching the boy, the man carefully takes hold of the kid's testicles and squeezes gently but firmly.

After a few seconds the boy convulses violently and coughs up the quarter, which the man catches in his free hand. Releasing the boy, the man hands the coin to the father and walks back to his seat in the coffee bar without saying a word.

As soon as he is sure that his son has suffered no lasting ill-effects, the father rushes over to the man and starts effusively thanking him saying "I've never seen anybody do anything like that before. It was fantastic! Are you a doctor?"

"Oh, good heavens, no," the man replies, "I work for the Internal Revenue Service."



Paraprosdokians are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. (Winston Churchill loved them). Watch for more next month.

1. Where there's a will .... I want to be in it.
2. The last thing I want to do is hurt you .... But it's still on my list.
3. Since light travels faster than sound .... Some people appear bright until you hear them speak.
4. If I agreed with you .... We'd both be wrong.
5. We never really grow up .... We only learn how to act in public.
6. War does not determine who is right .... Only who is left.
7. Knowledge is knowing a tomato is a fruit .... Wisdom is not putting it in a fruit salad.
8. To steal ideas from one person is plagiarism ... To steal from many is research.

Mammoth Lakes Noon Rotary Club presents their 5th Annual

# TEXAS HOLD'EM POKER TOURNAMENT

WEDNESDAY, MARCH 28<sup>TH</sup> 2018



at  
**Lakanuki  
in The Village**

REGISTER AT 5:00PM

- \$100.00 Buy-In (6000 Chips)
- \$50.00 Add On (6000 Chips)
- \$25 Re-Buy

## GREAT PRIZES for the Final Table

GRAND PRIZE  
**2018-2019 MAMMOTH  
MT. SKI PASS!**

- Sierra Star Golf Pass
- Snow Creek Athletic Club  
6 Month Membership
- Snow Creek Golf Pass

AND MANY MORE GREAT PRIZES

All proceeds to benefit the following charities:

- CERT
- Scholarship for Local Students
- Chamber Music Inboard

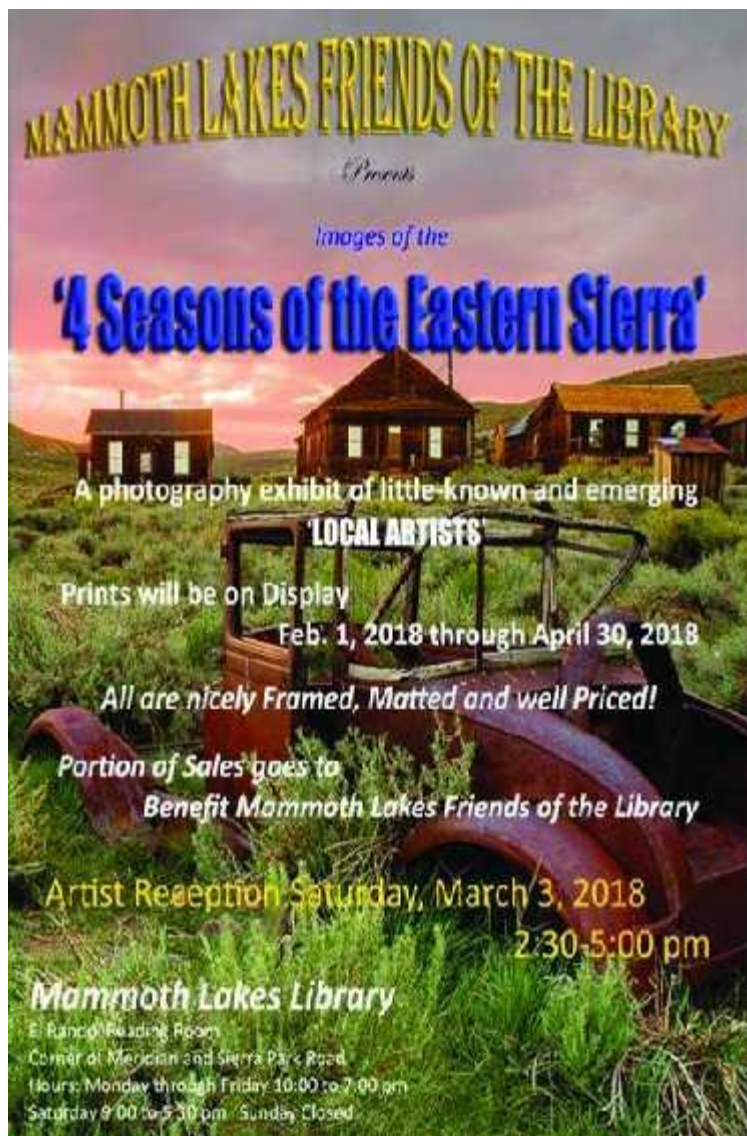
And many other worthy causes!

You can register & prepay on line by going to:  
[www.mammothlakesrotaryclub.org](http://www.mammothlakesrotaryclub.org)  
& click on link to poker tournament.

FOR MORE INFO, PLEASE CALL  
Mike Bernfeld 760-934-1888 or  
Sarah Carmichael 760-934-4382

# MAMMOTH LAKES FRIENDS OF THE LIBRARY

Presents  
Images of the  
**'4 Seasons of the Eastern Sierra'**



A photography exhibit of little-known and emerging  
**'LOCAL ARTISTS'**

Prints will be on Display  
Feb. 1, 2018 through April 30, 2018

All are nicely Framed, Matted and well Priced!

Portion of Sales goes to  
Benefit Mammoth Lakes Friends of the Library

Artist Reception Saturday, March 3, 2018  
2:30-5:00 pm

**Mammoth Lakes Library**  
El Rancho Reading Room  
Corner of Meridian and Sierra Park Road  
Hours: Monday through Friday 10:00 to 7:00 pm  
Saturday 9:00 to 5:30 pm Sunday Closed

## Fishmas is Coming!

When is the fishing season in California? Bona fide trout fishing season is the last Saturday in April through November 15 every year. In 2018, Opening Day, aka **"Fishmas,"** is Saturday, April 28, 2018. This is when most waters in Mono County are open to anglers to fish for as many as 5 trout to catch-and-keep per day. Always check local regulations as some waters have special restrictions. Popular waters where these rules apply include Crowley Lake, Convict Lake, the Mammoth Lakes Basin, June Lake Loop waters and the Bridgeport Reservoir.



So who is our **REBEL**? None other than Thursday Co-chair, **Sharon Clark**.

If you would like to share your history (or that of someone who is no longer with us), just email Jan McPherson at [scoutdj1967@gmail.com](mailto:scoutdj1967@gmail.com) or drop it in her mailbox at the Cast Off. You don't have to be a rebel. Our membership is full of interesting and surprising women!

## For Your Funny Bone!

In honor of Easter which is April 1:

Three snowboarders died and are at the pearly gates of heaven. St. Peter tells them that they can enter the gates if they can answer one simple question. St. Peter asks the first snowboarder, "What is Easter?" The snowboarder replies, "Oh, that's easy! It's the holiday in November when everyone gets together, eats turkey, and are thankful and stuff..."

"Wrong!," replies St. Peter, and proceeds to ask the second snowboarder the same question, "What is Easter?" The second snowboarder replies, "Easter is the holiday in December when we put up a nice tree, exchange presents, and drink eggnog."

St. Peter looks at the second snowboarder, shakes his head in disgust, then peers over his glasses at the third snowboarder and asks, "What is Easter?" The third snowboarder smiles confidently and looks St. Peter in the eyes, "Dude, I know what Easter is." "Oh?" says St. Peter, incredulously. "Easter is the Christian holiday, that coincides with the Jewish celebration of Passover. Jesus and his disciples were eating at the last supper. Then the Romans took him to be crucified and he was stabbed in the side, made to wear a crown of thorns, and was hung on a cross with nails through his hands. He was buried in a nearby cave which was sealed off by a large boulder." St. Peter smiles broadly with delight.

Then the third snowboarder continues, "Every year the boulder is moved aside so that Jesus can come out...and, if he sees his shadow, there will be six more weeks of winter."

In honor of Passover which is March 3—April 7:

### Passover Dr. Seuss Style

Sam! Will you never see?  
 They are not KOSHER, So let me be!  
 I will not eat green eggs and ham.  
 I will not eat them Sam-I-am.  
 But I'll eat green eggs with a biscuit.  
 Or I will try them with some brisket.  
 I'll eat green eggs in a box.  
 If you serve them with some lox.  
 And those green eggs are worth a try  
 Scrambled up inside some matzoh brie!  
 And in a boat upon the river,  
 I'll eat green eggs with chopped liver!  
 So if you're a Jewish Dr. Seuss fan,  
 But troubled by green eggs and ham.  
 Let your friends in on the scoop:  
 Green eggs taste best with chicken soup!

## Bon Appetit!

These are quick and easy for Easter morning breakfast.

### Pecan Sticky Buns

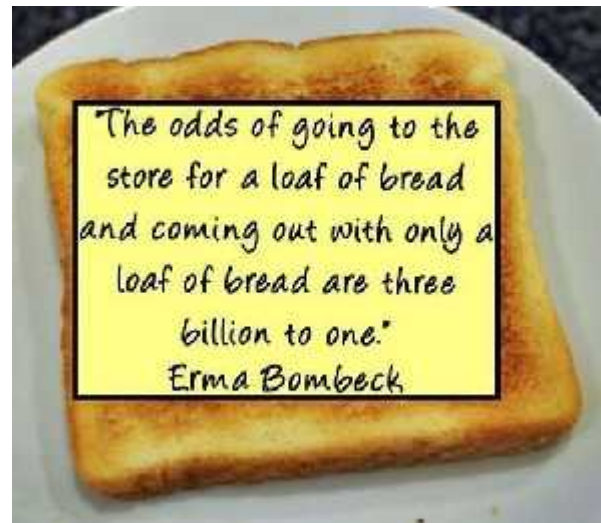
1/3 cup packed brown sugar  
 1/4 cup butter, melted  
 2 tablespoons maple syrup  
 1/3 cup chopped pecans  
 2 tablespoons sugar  
 1 teaspoon cinnamon  
 1 tube crescent rolls

Preheat oven to 375. Mix brown sugar, butter and maple syrup. Spread in bottom of greased 8-inch round baking pan. Sprinkle with pecans.

Mix sugar and cinnamon. Remove crescent dough from can but do not unroll. Cut crosswise into 8 slices. Dip both sides in cinnamon sugar and place in pan. Sprinkle any remaining sugar mixture over tops.

Bake, uncovered, 18-22 minute or until golden brown. Immediately invert onto a serving plate. Serve warm.

### Enjoy!



Newsletter articles are due the by the 15th of each month. Drop them in Jan McPherson's mailbox at the Cast Off or mail/email them to her at PO Box 2859, Mammoth Lakes, CA 93546, scoutdj1967@gmail.com

## Dates to Remember

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April 1, Sunday	Easter Sunday
April 5, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
April 7, Saturday	Last Day of Passover
April 11, Wednesday	MHA Board Meeting, 10 a.m. at the Cast Off
April 17, Tuesday	Taxes Due
April 26, Thursday	CPR Training, 9-10 a.m., Hospital Conf. Rms. A & B
April 27, Friday	Cast Off Work Day, 10 a.m.
April 28, Saturday	<b>"Think Pink"</b> at the Cast Off
	Opening Day of Fishing Season
May 3, Thursday	Cast Off Committee Meeting, 3:30 p.m. at the Cast Off
May 5, Saturday	Cinco de Mayo
May 6, Sunday	National Nurses Day
May 8-10, Tuesday-Thursday	Blood Drive at Fire Station #1 on Main Street
May 9, Wednesday	MHA Board Meeting, 10 a.m. at the Cast Off
May 13, Sunday	Mother's Day
May 25, Friday	Cast Off Work Day, 10 a.m.
May 26, Saturday	<b>"Think Pink"</b> at the Cast Off
May 28, Monday	Memorial Day
June 6, Wednesday	D-Day
June 7, Thursday	Cast Off Committee Meeting, 3:30 PM at the Cast Off
June 13, Wednesday	MHA Board Meeting, 10:00 AM at the Cast Off
June 17, Sunday	Father's Day
June 21, Thursday	First Day of Summer
June 29, Friday	Cast Off Work Day, 10 a.m.
June 30, Saturday	<b>"Think Pink"</b> at the Cast Off
	Last Day of our Fiscal Year



CELEBRATING OUR PAST  
INSPIRING OUR FUTURE

### Mammoth Hospital Auxiliary

P.O. Box 1399

Mammoth Lakes, CA 93546

