**DO 1 THING**
**GOAL FOR AUGUST: HELP IN YOUR COMMUNITY!!**

## It takes EVERYONE to respond in an emergency.
## Make your community stronger by getting trained and getting involved.

### ❖ Get Involved: Connect with an isolated individual in your neighborhood.

Isolated individuals are more vulnerable during and after a disaster. In your neighborhood, find out who they are. Help them plan for emergencies and make them part of your plan.

### ❖ Get Involved: Promote emergency preparedness in your community.

Any organization you belong to can become a partner in emergency preparedness. Organizations that promote emergency preparedness make their community more able to withstand and recover from disaster. Here are some suggestions for involving your organization:

- Talk to your community group leaders about how Do1Thing activities can be used within their organization.
- Get a group together to make emergency kits for seniors or kids who stay home alone.
- Visit the www.do1thing.com website to see how other organizations are promoting preparedness in their communities.

### ❖ Get Involved: Become a volunteer in your community (CERT, Red Cross, Neighborhood Watch, etc.).

Become a VOLUNTEER in your community and get trained BEFORE a disaster strikes!

Fire, Police, American Red Cross, Salvation Army, CERT, Retired and Senior Volunteer Programs, Neighborhood Watch.

Learn what others do at: www.nvoad.org/ (Voluntary Organizations Active in Disaster).

**Check out this link for more information and help getting prepared:**
**http://do1thing.com/audiences/individuals**

****MAKE TIME and GET STARTED TODAY! You will be glad you did!****