

DO 1 THING

GOAL for June: Prepare for UNIQUE FAMILY NEEDS



I. Talk with family members to identify your household's unique needs.

What kinds of things can members of your household not be without for 72 hours?

Here are some examples that can create unique needs for your family:

- Infants and young children (diapers, formula, etc.)
- Prescription medication (keep a 3 day supply)
- Health-related supplies (i.e., diabetics need insulin syringes, alcohol wipes, and glucometer supplies)
- Assistive devices (glasses, canes, wheelchair, etc.)
- Pets (pet food, bed, leash, muzzle, etc.)



II. Make a plan to make sure your pets are taken care of in a disaster.

A disaster may happen while you are away from home and you can't get back or evacuation is needed, or you could be trapped somewhere else and unable to get home. Consider a trusted neighbor to check on your pets if you can't get home because of a disaster or emergency.



III. If you or someone in your household that has access and functional needs, create an evacuation plan that works for them.

People with disabilities are more affected by disaster than others. Make sure you have an evacuation plan:

- Make sure you are signed up for an emergency notification system (i.e. Reverse 911) - CodeRED in Mono County - to sign up visit: <http://monosheriff.org/sheriff/page/codered-emergency-alert-system>.
- Arrange for someone else to pick you up if an evacuation is ordered. Be sure they will come for you UNLESS you tell them not to. If you can't evacuate, call 911 and let them know your location.
- Talk to your County Shelter Coordinator or local Red Cross chapter who provides emergency sheltering in your community. Make sure that your needs can be met in an emergency shelter: accessible entrances and bathrooms. Talk to them about what they can provide for a service animal. Make sure you have batteries or a charger for any assistive devices in your emergency kit.



Check out this link for more information and help getting prepared: <http://do1thing.com/audiences/individuals>

****MAKE TIME and GET STARTED TODAY! You will be glad you did.****

For more information on Emergency Preparedness:

<http://preparesocal.org/tips-tools/make-a-plan#sthash.sckpgLMt.dpuf> or

<http://www.ready.gov/>