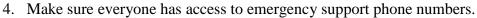
A NEW YEAR TO PREPARE ***2016***

NOW is the time to prepare for a great year ahead. Consider the following action plans before the start of 2016!!

Form a Support Network with Friends and Neighbors

- 1. Meet with your family to decide on a meeting spot away from your home.
- 2. Ask an out-of-the-area friend or family member to be your "family contact". Everyone should contact that person in an emergency to assure everyone is okay.
- 3. Contact your neighbors and friends in close proximity to your home to share contact information and form a support network. They could help you and you could help them in an emergency.





Prepare your family (Older Adults, Kids, Special Needs and Pets).

- 1. Make sure everyone helps with the creation and knows your emergency plan (for kids check out: Ready Wrigley).
- 2. Prepare water, food, first aid/medications, and clothing for all.
- 3. Know special needs for senior family members, kids, and those with disabilities.
- 4. Remember your pets water & bowl, food & bowl, bedding, leash, medication.



MAKE TIME and GET STARTED TODAY! You will be glad you did.